

July 31st to August 04th, 2023

What's coming up this week at Foundry Prince George?

MONDAY 31	TUESDAY 01	WEDNESDAY 02	THURSDAY 03	FRIDAY 04
Primary Care: 11:00am to 5:00pm	Primary Care: 11:00am to 5:00pm	Primary Care: 11:00am to 5:00pm	Primary Care: 11:00am to 5:00pm	Primary Care: 11:00am to 5:00pm
• Cianna	• Cianna	• Cianna	No Nurse Today	• Cianna
2:30pm to 5:00pm No Walk-in Doctor Today (Next available Dr Tuesday August 15 th)	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 th)	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 th)	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 th)	2:30pm to 5:00pm No Walk-in Doctor Today (Next available Dr Tuesday August 15 th)
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm	12:00pm to 5:00pm
• Tiffany	Tiffany	No Walk-In Counselling Today	Vanessa & Brittany	illiany
		Beading Medicine Bags with	•	•
		Vanessa 1:00pm to 4:00pm		• • • •
Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
11:00am to 3:30pm	11:00am to 2:30pm	11:00am to 3:30pm	11:00am to 5:00pm	11:00am to 5:00pm
• Tammy	• Tammy	• Tammy	Kristie	
Group: Summer DBT Skills Group	Group: 8 Step Recovery			
(Drop-in for those 16+)	(Drop-in)			
4pm-5:30pm	5pm-6:15pm			







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How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encourage to contact us early in the day:

- Nurse 11am to 5pm
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support –11am to 5pm
- Housing Support & Outreach- 9am-4pm

- ✓ How to access Parent/ Caregivers Support:

 Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca tammy.tetreau@familysmart.ca or kathy.buhler@familysmart.ca
- ✓ How to access Youth Peer Support:
 Call YAP 250-645-4010 or come down to Foundry and YAP.
 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Tam Prince at 250-645-6090 or email her @ tam.prince@bc.ymca.ca





