

August 21st to 25th, 2023

What's coming up this week at Foundry Prince George?

	MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
	Primary Care: 11:00am to 5:00pm <i>No Nurse Today</i>	Primary Care: 11:00am to 5:00pm • Cianna	Primary Care: 11:00am to 5:00pm • Cianna	Primary Care: 11:00am to 5:00pm • Cianna	Primary Care: 11:00am to 5:00pm • Cianna
1	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm No Walk-in Doctor Today
1	Counselling: 12:00pm to 5:00pm • Emily	Counselling: 12:00pm to 5:00pm No Walk-In Counselling Today	Counselling: 12:00pm to 5:00pm • Tiffany & Emily	Counselling: 12:00pm to 5:00pm • Vanessa & Emily	Counselling: 12:00pm to 5:00pm • Tiffany & Sandy
ľ	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
l	No Walk-In Parent Peer Support Today Group:	11:00am to 3:30pm • Tammy	11:00am to 3:30pm • Tammy Group:	11:00am to 5:00pm • Kristie	11:00am to 5:00pm • Kathy
	Dialectical Behaviour Therapy (Drop-in for those 16+) 4pm-5:30pm		Popsocket Beading with Vanessa (Drop-in) 1pm-4pm		







1148 7th Avenue, Prince George, BC V2L 5G6
<u>foundry@bc.ymca.ca</u> 236-423-1571
foundry.bc.ca/princegeorge/

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How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encourage to contact us early in the day:

- Nurse 11am to 5pm
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support –11am to 5pm
- Housing Support & Outreach- 9am-4pm

✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email

kristie.north@bc.ymca.ca tammy.tetreau@familysmart.ca or

kathy.buhler@familysmart.ca

✓ How to access Youth Peer Support:
 Call YAP 250-645-4010 or come down to Foundry and YAP.
 Peer Support available Monday to Friday, at YAP & Foundry

✓ How to access Housing Support and Outreach: Call Tam Prince at 250-645-6090 or email her @ tam.prince@bc.ymca.ca





