

\*Please be advised that Foundry PG will be experiencing a doctor shortage between Thursday July 20<sup>th</sup> and Thursday September 7<sup>th</sup>, 2023\*

# THE FOUNDRY FORECAST

July 31<sup>st</sup> to August 04<sup>th</sup>, 2023

## What's coming up this week at Foundry Prince George?

MONDAY 31	TUESDAY 01	WEDNESDAY 02	THURSDAY 03	FRIDAY 04
<b>Primary Care:</b> 11:00am to 5:00pm • Cianna	<b>Primary Care:</b> 11:00am to 5:00pm • Cianna	<b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i>	<b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i>	<b>Primary Care:</b> 11:00am to 5:00pm • Cianna
2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 <sup>th</sup> )	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 <sup>th</sup> )	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 <sup>th</sup> )	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 <sup>th</sup> )	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i> (Next available Dr Tuesday August 15 <sup>th</sup> )
<b>Counselling:</b> 12:00pm to 5:00pm • Tiffany	<b>Counselling:</b> 12:00pm to 5:00pm • Tiffany	<b>Counselling:</b> 12:00pm to 5:00pm <i>No Walk-In Counselling Today</i> Beading Medicine Bags with Vanessa 1:00pm to 4:00pm	<b>Counselling:</b> 12:00pm to 5:00pm • Vanessa & Brittany	<b>Counselling:</b> 12:00pm to 5:00pm • Tiffany
<b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy	<b>Caregiver Support:</b> 11:00am to 2:30pm • Tammy	<b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy	<b>Caregiver Support:</b> 11:00am to 5:00pm • Kristie	<b>Caregiver Support:</b> 11:00am to 5:00pm • Kathy
<b>Group:</b> Summer DBT Skills Group (Drop-in for those 16+) 4pm-5:30pm	<b>Group:</b> 8 Step Recovery (Drop-in) 5pm-6:15pm			

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## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encourage to contact us early in the day:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5pm
- Housing Support & Outreach- 9am-4pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP. Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Tam Prince at 250-645-6090 or email her @ [tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca)