

July 17th to 21st, 2023

What's coming up this week at Foundry Prince George?

MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
Primary Care: 11:00am to 5:00pm • Cianna	Primary Care: 11:00am to 5:00pm <i>No Nurse Today</i>	Primary Care: 11:00am to 5:00pm • Cianna	Primary Care: *1:00pm to 5:00pm* • Cianna	Primary Care: 11:00am to 5:00pm • Cianna
2:30pm to 5:00pm • Dr Kalen	2:30pm to 5:00pm • Dr Paul	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm No Walk-in Doctor Today
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm • Tiffany & Emily	No Walk-in Counselling Today	12:00pm to 5:00pm • Tiffany & Emily	12:00pm to 5:00pm • Tiffany & Brittany	12:00pm to 5:00pm • Sandy
Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:	Caregiver Support:
11:00am to 3:30pm • Tammy	11:00am to 2:30pm ● Tammy	11:00am to 3:30pm • Tammy	11:00am to 5:00pm No Caregiver Support Today	11:00am to 5:00pm No Caregiver Support Today
Group: Summer DBT Skills Group (Drop-in for those 16+) 4pm-5:30pm	Group: 8 Step Recovery (Drop-in) 5pm-6:15pm			Group: LGBTQ2AI2S+ Social Group <u>Saturday July 22</u> @Foundry (Drop-in) 1pm-3pm







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How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encourage to contact us early in the day:

- Nurse 11am to 5pm
- Counselling 12pm to 5pm
- Doctors Mon/Tues/Thurs-2:30pm to 5pm
- Youth Peer Support- 11am to5pm
- Parent/Caregiver Support –11am to 5pm
- Housing Support & Outreach- 9am-4pm

- ✓ How to access Parent/ Caregivers Support:

 Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca tammy.tetreau@familysmart.ca or kathy.buhler@familysmart.ca
- ✓ How to access Youth Peer Support:
 Call YAP 250-645-4010 or come down to Foundry and YAP.
 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Tam Prince at 250-645-6090 or email her @ tam.prince@bc.ymca.ca





