

# THE FOUNDRY FORECAST

June 26<sup>th</sup> to 30<sup>th</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29	FRIDAY 30
<b>Primary Care:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Cianna</li> </ul>	<b>Primary Care:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Cianna</li> </ul>	<b>Primary Care:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Cianna</li> </ul>	<b>Primary Care:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Cianna</li> </ul>	<b>Primary Care:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Cianna</li> </ul>
2:30pm to 5:00pm <ul style="list-style-type: none"> <li>• Dr Kalen</li> </ul>	2:30pm to 5:00pm <ul style="list-style-type: none"> <li>• Dr Paul</li> </ul>	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>	2:30pm to 5:00pm <ul style="list-style-type: none"> <li>• Dr Kalen</li> </ul>	2:30pm to 5:00pm <i>No Walk-in Doctor Today</i>
<b>Counselling:</b> 12:00pm to 5:00pm <ul style="list-style-type: none"> <li>• Andrew, Emily &amp; Tiffany</li> </ul>	<b>Counselling:</b> 12:00pm to 5:00pm <ul style="list-style-type: none"> <li>• Tiffany &amp; Emily</li> </ul>	<b>Counselling:</b> 12:00pm to 5:00pm <ul style="list-style-type: none"> <li>• Andrew &amp; Vanessa</li> </ul>	<b>Counselling:</b> 12:00pm to 5:00pm <ul style="list-style-type: none"> <li>• Vanessa &amp; Brittany</li> </ul>	<b>Counselling:</b> 12:00pm to 5:00pm <ul style="list-style-type: none"> <li>• Emily &amp; Tiffany</li> </ul>
<b>Caregiver Support:</b> 11:00am to 3:30pm <ul style="list-style-type: none"> <li>• Tammy</li> </ul>	<b>Caregiver Support:</b> 11:00am to 2:30pm <ul style="list-style-type: none"> <li>• Tammy</li> </ul>	<b>Caregiver Support:</b> 11:00am to 3:30pm <ul style="list-style-type: none"> <li>• Tammy</li> </ul>	<b>Caregiver Support:</b> 11:00am to 5:00pm <ul style="list-style-type: none"> <li>• Kristie</li> </ul>	<b>Caregiver Support:</b> <i>No Walk-in Caregiver Support</i> For support, reach out to FamilySmart @ 1-855-887-8004
	See Groups on next page			

# What's coming up this week at Foundry Prince George?

**Group:**  
**Smart Recovery**  
**(Drop-in)**  
**5pm to 6:30pm**

**Smart Recovery Fam & Friends**  
**(Drop-in)**  
**5pm to 6:30pm**  
**@ PGPL Downtown**

**Bereavement Support for**  
**Traumatic Loss**  
**(Registered)**  
**5:30pm to 7pm**  
[pgbereavement@gmail.com](mailto:pgbereavement@gmail.com) for  
info or to register for the next  
cycle

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encouraged to contact us early in the day:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5pm
- Housing Support & Outreach- 9am-4pm

✓ **How to access Parent/ Caregivers Support:**

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

✓ **How to access Youth Peer Support:**

Call YAP 250-645-4010 or come down to Foundry and YAP.  
**Peer Support available Monday to Friday, at YAP & Foundry**

✓ **How to access Housing Support and Outreach:**

Call Tam Prince at 250-645-6090 or email her @ [tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca)

**How to access a doctor at Foundry PG:**

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.