

# THE FOUNDRY FORECAST

June 19<sup>th</sup> to 23<sup>rd</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22	FRIDAY 23
<p>*Foundry will be hosting the Khast'an Drummers at 11am in honour of National Indigenous People's Day. As a result, we will not begin taking bookings for the day until <u>11:30am*</u></p> <p><b>Primary Care:</b> 11:30am to 5:00pm</p> <ul style="list-style-type: none"> <li>Cianna</li> </ul> <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Andrew, Emily &amp; Tiffany</li> </ul> <p><b>Caregiver Support:</b> 11:30am to 3:30pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Cianna</li> </ul> <p>2:30pm to 5:00pm</p> <p><i>No Walk-In Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tiffany &amp; Emily</li> </ul> <p><b>Caregiver Support:</b> 11:00am to 2:30pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p>In honour of National Indigenous Peoples Day, Foundry Prince George will be <b>closed</b>. Come find us and our booth at Lheidli T'enneh Memorial Park amongst the festivities.</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Cianna</li> </ul> <p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Vanessa &amp; Brittany</li> </ul> <p><b>Caregiver Support:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Kristie</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Cianna</li> </ul> <p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Emily &amp; Sandy</li> </ul> <p><b>Caregiver Support:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Kathy</li> </ul>

# What's coming up this week at Foundry Prince George?

**Group:**  
**Dialectic Behaviour Therapy**  
(Registered)  
4pm to 5:30pm

**Heartbeat**  
(Registered)  
6pm to 8:30pm  
Contact [galletti@telus.net](mailto:galletti@telus.net) for  
intake

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

**Group:**  
**8 Step Recovery**  
(Drop-in)  
7pm to 8:30pm

**Bereavement Support for**  
**Traumatic Loss**  
(Registered)  
5:30pm to 7pm  
Contact  
[pgbereavement@gmail.com](mailto:pgbereavement@gmail.com) for  
info or to register for the next  
cycle of Bereavement Support for  
Traumatic Loss

**Group:**  
**Bereavement Support for**  
**Traumatic Loss**  
(Registered)  
5:30pm to 7pm

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is increasing so you are encourage to contact us early in the day:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5pm
- Housing Support & Outreach- 9am-4pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email  
[kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or  
[kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP.  
Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Tam Prince at 250-645-6090 or email her @  
[tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca)