

# THE FOUNDRY FORECAST

April 17<sup>th</sup> to 21<sup>st</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i></p> <p>2:30pm to 5:00pm • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Lexi</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p> <p><b>Group:</b> Dialectic Behaviour Therapy (Registered) 4pm to 5:30pm</p> <p>Heartbeat- peer support for suicide loss (Registered) 6pm to 8:30pm <i>Continued...</i></p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i></p> <p>2:30pm to 5:00pm • Dr Paul</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Andrew &amp; Emily</p> <p><b>Caregiver Support:</b> <i>No Parent Peer Support</i></p> <p><b>Group:</b> 8 Step Recovery (Drop-in) 7pm to 8:30pm</p> <p>Help for the Hard Times <a href="https://familysmart.ca/help-for-the-hard-times-workshop/">https://familysmart.ca/help-for-the-hard-times-workshop/</a> (Registered- online) <i>Continued...</i></p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i></p> <p>1:00pm to 4:00pm* • Dr Henry</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Vanessa &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p> <p>*Foundry PG welcomes Dr Henry Gerelle offering walk-in primary care on Wednesdays from 1-4pm through May 31<sup>st</sup> *</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Nurse Today</i> Nurse back April 26<sup>th</sup></p> <p>2:30pm to 5:00pm <i>No Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Sandy &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm • Kathy</p> <p><b>Group:</b> Come play Mario Kart with our Peer Supports, 3:30pm-5pm today at Foundry.</p>	

# What's coming up this week at Foundry Prince George?

## Heartbeat

Email [galletti@telus.net](mailto:galletti@telus.net)

**Help for the Hard Times**  
<https://familysmart.ca/help-for-the-hard-times-workshop/>  
(Registered- online)

6pm-8pm

Email

[kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## Help for the Hard Times

6pm-8pm

Email

[kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm, & Weds 1-4pm (April/May)
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5pm
- Housing Support & Outreach- Mon/Wed/Thurs 9am to 3pm, & Fri 9am- 4:30pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP.

## ✓ How to access Housing Support and Outreach:

Call Tam Prince at 250-645-6090 or email her @ [tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca)

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis.
- ✓ Due to high demand, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of to secure one of our limited time slots available.