·FOUNDRY·
Work and Education Program

Support with post-secondary applications

Support with job searches, resume writing, interview preparation, and job training

Access to FREE groups and skills training opportunities (First Aid, Food Safe)

Access to financial and other resources related to school and work

This program is for youth ages 15-24, who engage in less than 15 hours of school or work/week, and are eligible to work in Canada (have a SIN number)

You will work individually with our Occupational Therapist (Gill) or Peer-Support Worker (Oksana) to explore school and work options that meet you where you are at.

Interested? Ask one of your Foundry health care providers or self-refer at foundrybc.ca/get-support/foundryworks/

Q&A with a former Foundry Work and Education Program Youth

Q: How did you first connect with the program?

Q: How did the program help you?

Q: What would you say to someone contemplating using the program?

A: I was working with another health care professional at Foundry on my mental health and we agreed that employment and having a regular routine would be positive for my mental health. So I was referred to the Foundry Work and Education Program

A: I had previous experience writing/building my resume, so I used the time for other supports, such as going for walks around potential job sites, chatting with employers, chatting about my work goals and looking at job options together attending Foundry workshops

A: I would strongly suggest it to anyone who is willing to try but may need support that they are not getting elsewhere. Something that I really liked about the program was that the level of support was tailored to the individual

Continue reading about Brendan's experience at foundrybc.ca

What youth have said about the Foundry Work and Education Program

"Having work helped me to leave the house, do something with my day, and have a **sense of purpose**."

Foundry was helpful because it's like having something there as a constant thread, even when you lost or gained a job, Foundry was always there.

"The **workshops** are a great part of the program because you get to **access these opportunities** in a familiar and welcoming environment. The **supportive environmen**t made it easier to go to events or opportunities that would otherwise be difficult to attend"

"Without the support Foundry was able to offer, it would have been more difficult to **accomplish my work-related goals**"

- Brendan (Former Foundry Work and Education Program youth)