

# THE FOUNDRY FORECAST

March 27<sup>th</sup> to 31<sup>st</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm • Dr Kalen  <b>Counselling:</b> 12:00pm to 5:00pm • Lexi & Tiffany  <b>Parent Peer Support:</b> 12:00pm to 3:30pm • Tammy  <b>Group:</b> Dialectic Behaviour Therapy (Registered) 4pm to 5:30pm	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm • Dr Paul  <b>Counselling:</b> 12:00pm to 5:00pm • Andrew & Emily  <b>Parent Peer Support:</b> 12:00pm to 2:30pm • Tammy  <b>Group:</b> Student Financial Literacy (Drop-in) 3pm to 4:30pm  SMART Recovery (Drop-in) 5pm to 6:30pm continued...	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm <i>No Doctor Today</i>  <b>Counselling:</b> 12:00pm to 5:00pm • Andrew, Emily & Tiffany  <b>Parent Peer Support:</b> 12:00pm to 3:30pm • Tammy	<b>Primary Care:</b> 11:00am to 3:00pm* Cianna  2:30pm to 5:00pm • Dr Kalen  <b>Counselling:</b> 12:00pm to 5:00pm • Tiffany, Vanessa & Brittany  <b>Parent Peer Support:</b> <i>No Parent Peer Support</i>	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm <i>No Doctor Today</i>  <b>Counselling:</b> 12:00pm to 5:00pm • Sandy, Andrew & Emily  <b>Parent Peer Support:</b> <i>No Parent Peer Support</i>

# What's coming up this week at Foundry Prince George?

Groups:  
SMART Recovery Friends & Family  
(Drop-in)  
5pm to 6:30pm  
YMCA Parkhouse,  
1041 6<sup>th</sup> Ave (across from  
FoundryPG)

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis.
- ✓ Due to high demand, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5 pm
- Housing Support & Outreach- Mon/Wed/Thurs 9am to 3pm, & Fri 9am- 4:30pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP.

## ✓ How to access Housing Support and Outreach:

Call Tam Prince at 250-645-6090 or email her @ [tam.prince@bc.ymca.ca](mailto:tam.prince@bc.ymca.ca).

*\*As a health clinic, medical masks are still required at Foundry Prince George when visiting\**