

THE FOUNDRY FORECAST

March 20th to 24th, 2023

What's coming up this week at Foundry Prince George?

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
Primary Care: 11:00am to 5:00pm Cianna 2:30pm to 5:00pm • Dr Kalen Counselling: 12:00pm to 5:00pm • Lexi, Tiffany & Andrew Parent Peer Support: 12:00pm to 3:30pm • Tammy Group: Heartbeat (Registered) 6pm to 8:30pm Dialectic Behaviour Therapy (Registered) 4pm to 5:30pm	Primary Care: 11:00am to 5:00pm Cianna 2:30pm to 5:00pm • Dr Paul Counselling: 12:00pm to 5:00pm • Andrew & Emily Parent Peer Support: 12:00pm to 2:30pm • Tammy Group: 8 Step recovery (Drop-in) 7pm to 8:30pm <i>*Service BC & Canada Outreach @ YAP 9-11:30am & Foundry 12-4pm (drop-in)</i>	Primary Care: 11:00am to 5:00pm Cianna 2:30pm to 5:00pm <i>No Doctor Today</i> Counselling: 12:00pm to 5:00pm • Emily & Tiffany Parent Peer Support: 12:00pm to 3:30pm • Tammy	Primary Care: 11:00am to 3:00pm* Cianna 2:30pm to 5:00pm • Dr Kalen Counselling: 12:00pm to 5:00pm • Andrew & Brittany Parent Peer Support: <i>No Parent Peer Support</i> Group: Music Collective (Drop-In) 5pm to 6:30pm	Primary Care: 11:00am to 5:00pm Cianna 2:30pm to 5:00pm <i>No Doctor Today</i> Counselling: 12:00pm to 5:00pm • Sandy & Emily Parent Peer Support: 11:00am to 2:00pm • Kathy

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How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis.
- ✓ Due to high demand, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors - 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – Mon - Fri 11am to 5 pm

✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca tammy.tetreau@familysmart.ca or kathy.buhler@familysmart.ca

✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP.

As a health clinic, medical masks are still required at Foundry Prince George when visiting