# THE FOUNDRY FORECAST ::

## March 13<sup>th</sup> to 17<sup>th</sup>, 2023

### What's coming up this week at Foundry Prince George?

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
Primary Care: 11:00am to 5:00pm Cianna	Primary Care: 11:00am to 5:00pm Cianna	Primary Care: 11:00am to 5:00pm Cianna	Primary Care: 11:00am to 3:00pm* Cianna	Primary Care: 11:00am to 5:00pm Cianna
2:30pm to 5:00pm  • Dr Kalen	2:30pm to 5:00pm  • Dr Paul	2:30pm to 5:00pm <i>No Doctor Today</i>	2:30pm to 5:00pm  • Dr Kalen	2:30pm to 5:00pm <i>No Doctor Today</i>
Counselling:	Counselling:	Counselling:	Counselling:	Counselling:
12:00pm to 5:00pm ● Tiffany	12:00pm to 5:00pm  • Andrew & Emily	12:00pm to 5:00pm • Andrew, Emily & Tiffany	12:00pm to 5:00pm  • Tiffany & Brittany	12:00pm to 5:00pm • Andrew & Emily
Parent Peer Support:	Parent Peer Support:	Parent Peer Support:	Parent Peer Support:	Parent Peer Support:
12:00pm to 3:30pm  • Tammy	12:00pm to 2:30pm  • Tammy	12:00pm to 3:30pm ● Tammy	No Parent Peer Support	11:00am to 2:00pm ■ Kathy
Group: Dialectic Behaviour Therapy (Registered) 4pm to 5:30pm	Group: SMART recovery (Drop-in) 5pm to 6:30pm	Group: YMIND Info Session (Drop-In) 4pm to 5:30pm		







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#### How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis.
- ✓ Due to high demand, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse 11am to 5pm
- Counselling 12pm to 5pm
- Doctors 2:30pm to 5pm
- Youth Peer Support- 11am to5pm
- Parent/Caregiver Support –Mon Fri 11am to 5 pm
- ✓ How to access Parent/ Caregivers Support:

  Contact Foundry Prince George: 236-423-1571 or email

  kristie.north@bc.ymca.ca tammy.tetreau@familysmart.ca or

  kathy.buhler@familysmart.ca
- ✓ How to access Youth Peer Support: Call YAP 250-645-4010 or come down to Foundry and YAP.

\*As a health clinic, medical masks are still required at Foundry Prince George when visiting  $\ast$ 





