

# THE FOUNDRY FORECAST

January 30<sup>th</sup> to February 03<sup>rd</sup>, 2023

What's coming up this week at Foundry Prince George?

MONDAY 30	TUESDAY 31	WEDNESDAY 01	THURSDAY 02	FRIDAY 03
<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm • Dr Kalen  <b>Counselling:</b> 12:00pm to 5:00pm • Lexi & Tiffany  <b>Parent Peer Support:</b> 12:00pm to 3:30pm • Tammy  <b>Group:</b> Dialectic Behaviour Therapy (Registered) 4pm to 5:30pm	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm • Dr Paul  <b>Counselling:</b> 12:00pm to 5:00pm • Clint & Andrew  <b>Parent Peer Support:</b> 12:00pm to 2:30pm • Tammy  <b>Group:</b> Circle of Security (Registered- Space still available) 10am to 12pm	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm <b>No Doctor Today</b>  <b>Counselling:</b> 12:00pm to 5:00pm • Andrew & Tiffany  <b>Parent Peer Support:</b> 12:00pm to 3:30pm • Tammy	<b>Primary Care:</b> 11:00am to 3:00pm* Cianna  2:30pm to 5:00pm • Dr Kalen  <b>Counselling:</b> 12:00pm to 5:00pm • Vanessa, Tiffany & Brittany  <b>Parent Peer Support:</b> <b>No Parent Peer Support</b>	<b>Primary Care:</b> 11:00am to 5:00pm Cianna  2:30pm to 5:00pm <b>No Doctor Today</b>  <b>Counselling:</b> 12:00pm to 5:00pm • Sandy, Andrew & Emily  <b>Parent Peer Support:</b> 12:00pm to 5:00pm • Kathy

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## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis.
- ✓ Due to high demand, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm
- Counselling - 12pm to 5pm
- Doctors - 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – Mon - Fri 11am to 5 pm

## ✓ How to access Parent/ Caregivers Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call YAP 250-645-4010 or come down to Foundry and YAP.

*\*As a health clinic, medical masks are still required at Foundry Prince George when visiting\**