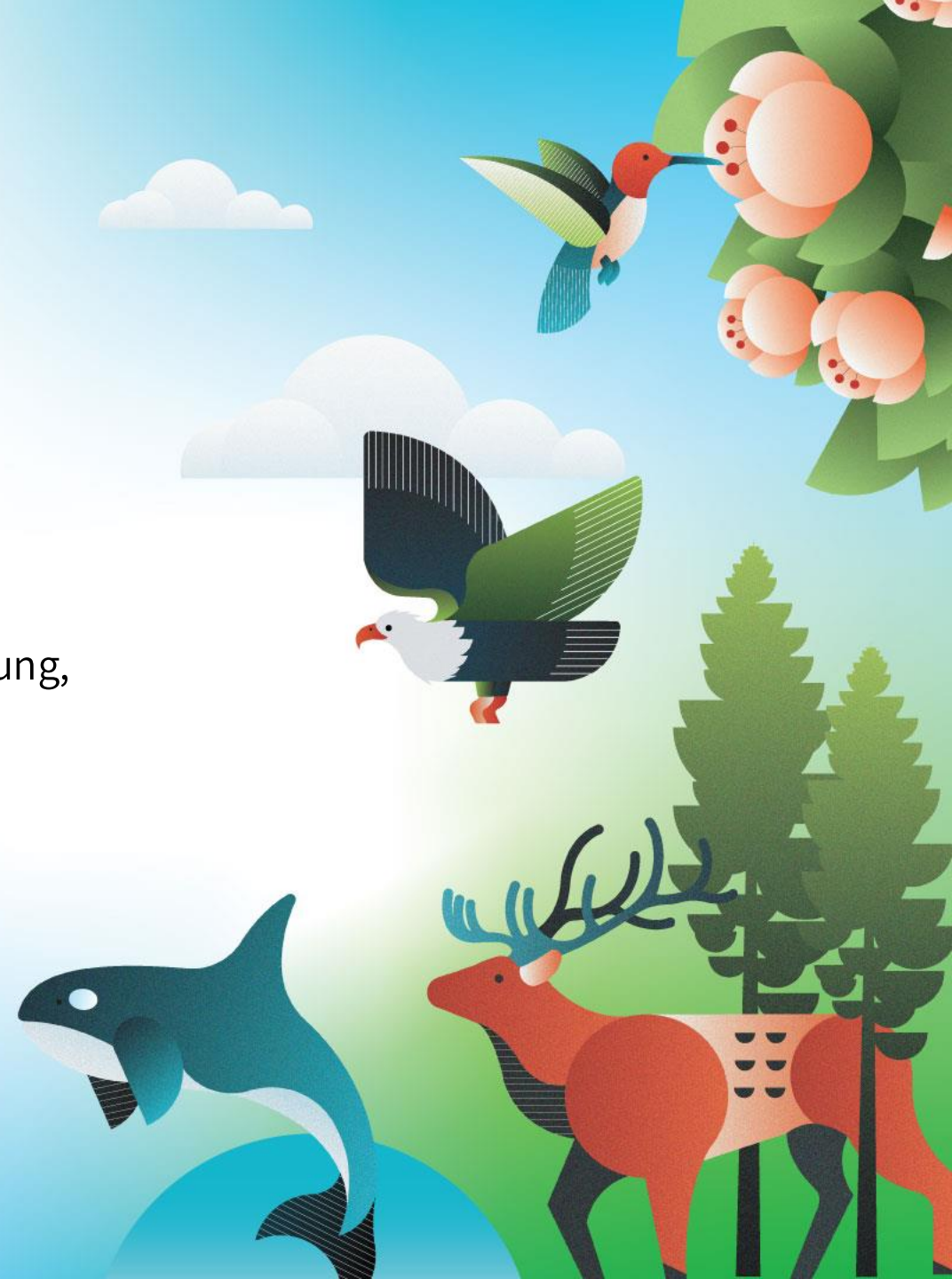


# • FOUNDRY •

## Co-Creating Knowledge Products: The Power of Lived Experience

Jeanna Pillainayagam, Skye Barbic, Dan Nixon, Gloria Cheung,  
Alisha Daya, Zee Goerzen

IAYMH 2022  
September 30, 2022



# UBC Youth Research Advisory Panel

- 10 youth, ages 13-25, with lived/living experience
- Panel informed research projects with direct impacts on youth health
  - Often through reviewing draft grant proposals
- What is the key to a successful panel like this?
  - Giving youth space to shine!



# Opportunities

Presenting at Conferences / Learning Institutes

## **CREATING A SAFE ENVIRONMENT FOR YOUTH IN RESEARCH**

This workshop will allow participants to explore strategies, tips and processes to improve the safety of the youth they work alongside. The facilitators will bring their experience of being panel members on the UBC Youth Research Advisory Panel to inform meaningful and actionable discussion around youth safety. This workshop will deep dive into topics including accountability, accessibility and positionality.

Media Engagement

## **B.C. youth help guide mental health research at UBC**

By Sarah Stenabaugh | December 3, 2020

New UBC initiative engages youth with lived experience to help inform mental health and substance use research



· F O U N D R Y ·



# More Opportunities

Blog / Website Articles



·FOUNDRY·

Need urgent help?

## · IN MY SHOES: WHAT I LOOK FOR · WHEN PROVIDING FEEDBACK ON · RESEARCH GRANT PROPOSALS ·

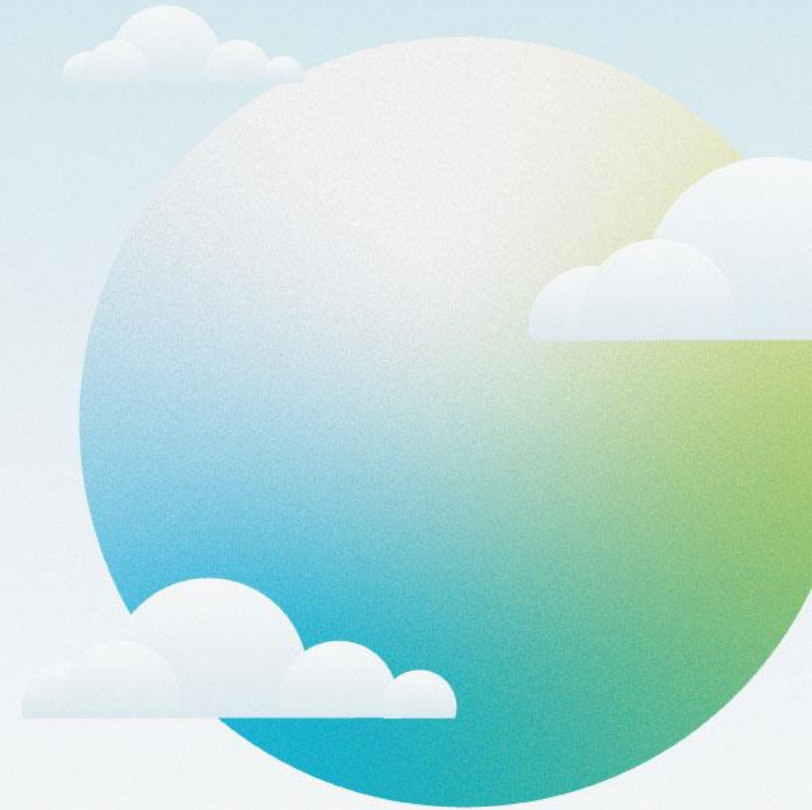
**Written by: Jeanna Pillainayagam, member of Foundry's Provincial Youth Advisory Committee**

One of the primary roles of the members of the UBC Youth Research Advisory Panel (YRAP) was to provide feedback to researchers on their draft grant proposals. With such a diverse panel, there were many perspectives and a variety of feedback provided to each researcher. In this blog post, I would like to go over some of the main things I look for and the key questions I consider when providing feedback on a draft grant proposal.

·FOUNDRY·

# Why Does This Matter?

- Current youth engagement in research can be exclusionary and transactional
- What is the purpose of the research? Who are you trying to reach / help?
- Lived experience = expertise
- Empowering youth is an investment



# It's Up to You (Yes, You!)

- Youth involvement in research doesn't have to be limited to one stage of the process.
- Youth can be resources in areas like knowledge translation and dissemination.
- The key is creating space for youth involvement and co-creation:
  - Think outside the box
  - Talk to youth
  - Collaboration, not tokenization



*Foundry is hosted by Providence Health Care and supported by the Province of BC and donors to St. Paul's Foundation.*