

Concurrent Disorders Counsellor (Mental Health and Substance Use)

Reports to: Program Manager

Location:

Updated:

Job summary

Foundry is removing barriers and increasing access to health and wellness services for young people ages 12-24 and their caregivers through a network of youth-friendly centres across British Columbia and online. By offering integrated mental health care, substance use services, physical and sexual health care, youth and family peer support and social services, Foundry makes it easier for young people to find support in their communities. Online resources and first-of-its-kind virtual care further broaden Foundry's reach.

The Concurrent Disorders Counsellor (Mental Health and Substance Use) provides intake, assessment, treatment and crisis intervention to youth and families/caregivers attending Foundry. The Concurrent Disorders Counsellor will develop and implement treatment plans for youth with mental health and substance use issues, within Foundry's Integrated Stepped Care Model and on a walk-in basis. They will establish supportive and trusting relationships that promote mental health and wellness and reduce client risk.

Key Duties and Responsibilities

To perform the job successfully, the Concurrent Disorders Counsellor must be able to consistently perform each essential duty satisfactorily. Other related duties may be assigned.

- Provides intake screening, assessment and treatment to Foundry clients as part of an interdisciplinary team;
- Provides individual, family and group counselling using therapeutic techniques depending on client need, within the Foundry Integrated Stepped Care Model and using Foundry core clinical modalities;
- Provides crisis intervention and support to youth and their families/caregivers;
- Develops, coordinates and delivers clinical groups;
- Collaborates and consults with other service providers at the centre to provide needed services to youth and families/caregivers;
- Refers youth and their families/caregivers to other community services, recovery and residential programs, vocational programs and other agencies as required;
- Maintains clinical records, data requirements and statistics and provides reports to the Program Manager;
- Liaises with and/or promotes the interests of clients with other community service providers, professionals and school personnel;



- Accompanies clients to meetings and appointments when necessary and appropriate;
- With Program Manager, coordinates the development, management and provision of clinical service and programs;
- Provides clinical/case consultation to other service providers at the centre;
- Provides leadership in clinical practice to other service providers at the centre;
- Coordinates or provides education to improve clinical practice at the centre;
- Provides teaching and supervision to student interns in own discipline;
- Provides education and consultation to clients, families/caregivers and other professionals; and
- Performs other related duties as required.

Qualifications

- Master's degree in Counselling Psychology, Social Work or related human/social service field and registration in the related accredited body for their profession;
- Two years of recent, related experience working with youth and young adults across the mental health and/or substance use continuum, including experience with interventions and evidence-based treatment modalities, or an equivalent combination of education, training and experience.

Skills and Abilities

- Demonstrated knowledge of the broad range of issues pertaining to adolescent and young adult mental health and substance use issues, psychiatric diagnosis and related evidence-based best practices;
- Demonstrated ability to complete screening and comprehensive assessments for mental health, substance use, suicide and high-risk behaviors using standardized frameworks and tools;
- Demonstrated knowledge of community response procedures, general counselling principles and intervention techniques;
- Enhanced knowledge of the local or community system of care to support youth and families/caregivers in navigating services;
- Solid understanding of human services ethics with regard to confidentiality and appropriate boundaries;
- Knowledge of harm reduction and trauma-informed practice;
- Knowledge of core Foundry modalities, including Cognitive Behavioural Therapy, Motivational Enhancement Therapy, Solution-Focused Brief Therapy and Emotion-Focused Family Therapy;
- Comprehensive knowledge of relevant Acts including the Mental Health Act and the Personal Information Protection Act (PIPA), as well as pertinent regulations, policies and procedures and other statutory duties;
- Demonstrated skill in crisis intervention;
- Demonstrated ability to work constructively and cooperatively in a team setting as part of a multi-disciplinary team and with partner services;
- Excellent communication and interpersonal skills;
- Knowledge and experience with case recording practices.
- Demonstrates cultural sensitivity and understanding of the client population's socio-economic characteristics;
- Ability to recognize clients with special needs and make appropriate referrals; and
- Basic computer and internet skills.

