

Foundry Virtual BC Supports for Caregivers

Support for your youth **and for you**

Foundry Virtual BC offers health and wellness services for young people ages 12–24 and their caregivers across British Columbia. Services for youth include counselling & peer support, substance use services, groups, primary care and employment services.

In addition to support for young people, caregivers of youth ages 12–24 can also access counselling, family peer support, and groups!

**All services offered are free and confidential.
No referrals are required.**

”Supporting a loved one can be challenging– you don’t have to go through it alone”


– Foundry Family Peer Supporter

To register and make an appointment, download the Foundry BC app.

Visit foundrybc.ca/virtual to learn more. If you don't have internet access you can contact us at 1-833-308-6379 or email online@foundrybc.ca

Hours: 7 days/week
1:00pm–9:00pm



A photograph of two women smiling together outdoors. The woman on the left is older, with dark hair pulled back, wearing large pearl earrings and a white floral lei. The woman on the right is younger, with long dark hair, wearing a small stud earring and a beige knit sweater. The background is a blurred outdoor setting with bokeh light effects.

“I finally feel like I’m not alone. I feel heard, and supported when I speak with a family peer supporter because they “get it” and I don’t have to feel ashamed or alone in my struggles with my child. It is so freeing to speak with someone here. Thank you.”

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