



Foundry Virtual BC

Foundry's provincial virtual services offer free drop-in and scheduled counselling & peer support, primary care, employment support and groups for young people aged 12-24 and their caregivers across BC.

How can service providers help?

- Service providers can support youth by sharing information and resources about our virtual services, or by attending one of our Q & A sessions to learn more about Foundry Virtual services.
- While our services do not require a referral, taking the first step can often be the hardest part. Consider sending youth information about our virtual services or supporting them with booking their first appointment on our app.

How can service providers be involved?

- Foundry Virtual BC aims to work collaboratively alongside other service providers across the province in supporting young people to access the most appropriate services.
- Service providers can share information that may help Foundry Virtual BC providers while supporting a young person. Email us at online@foundrybc.ca to share information or discuss options to work collaboratively in supporting the youth you're working with.

Please note that we are not a crisis service.

Visit foundrybc.ca/virtual to learn more. If you don't have access to internet, call **1-833-308-6379** or email online@foundrybc.ca

All services are free and confidential.
We offer video, audio and chat options.

Drop-in services: Access same-day counselling and peer support.

Scheduled appointments: Book counselling or peer support appointments in advance.

Groups: Connect with peers, learn coping strategies and life skills.

Primary Care: Speak with a Nurse Practitioner about sexual health, medication, gender affirming care or other medical/health-related concerns.

Employment services: Explore employment opportunities, educational/certification programs or discuss other job or school-related options.

**Download the App or
use in a browser**

**Hours: 7 days/week
1:00pm–9:00pm**

