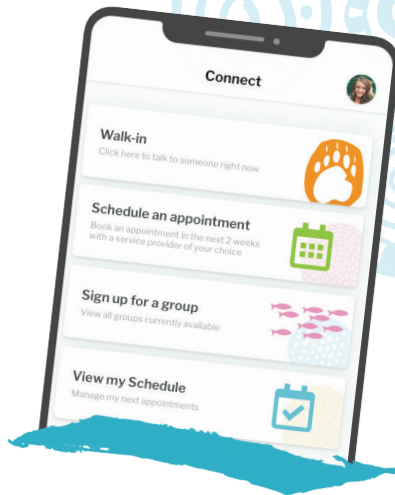


# Download the Foundry BC app

**We offer free drop-in and scheduled counselling & peer support, primary care, employment support and groups for young people aged 12-24 across British Columbia.**

Don't have a local Foundry Centre? Foundry Virtual BC services do not require a referral, and are free, safe, and confidential.

Visit [foundrybc.ca/virtual](https://foundrybc.ca/virtual) to learn more. If you don't have internet access you can contact us at **1-833-308-6379** or email [online@foundrybc.ca](mailto:online@foundrybc.ca)



**Download the App**



**In a browser**



**Hours:** 7 days/week 1:00pm – 9:00pm





### **Virtual services**

- **Drop-in services**
- **Scheduled appointments**
- **Group sessions**
- **Primary care**
- **Employment services**

**“Having support from someone who understood me and how hard it was to manage my mental health was so helpful. I went from feeling alone and hiding to coming out and feeling connected. I am so grateful”**

-Youth Client

**· FOUNDRY ·**  
WHERE WELLNESS TAKES SHAPE