**Template: Decisional Balance Worksheet**

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| --- | --- | --- |
| Making a  Change – **Applying for Work** | Benefits/Pros for **Applying for Work/Working** | Costs/Cons for **Applying for Work/Working** |
| Not  Changing – **Not Applying for Work** | Benefits/Pros for **Not Applying for Work/Working** | Costs/Cons for **Not Applying for Work/Working** |