**Template: Decisional Balance Worksheet**

|  |  |  |
| --- | --- | --- |
| Making aChange – **Applying for Work** | Benefits/Pros for **Applying for Work/Working** | Costs/Cons for **Applying for Work/Working** |
| NotChanging – **Not Applying for Work**  | Benefits/Pros for **Not Applying for Work/Working** | Costs/Cons for **Not Applying for Work/Working** |