



Foundry offers health and wellness resources, services and supports—online and through centres across BC.

Foundry is removing barriers and increasing access to health and wellness services for young people ages 12–24 and their caregivers across British Columbia. At Foundry, young people can easily access our integrated services by walking into a local Foundry centre, exploring our online resources at foundrybc.ca, or connecting virtually through our new Foundry BC app. Referrals are not required to visit a centre or to receive online support, and all services are free and confidential.

Foundry Centres

Foundry centres offer mental health and substance use services, physical and sexual health care, youth and family peer support and social services in welcoming, youth-friendly spaces. Our network of centres—co-created with and for young people—can be found in 11 BC communities, with another eight centres in development.

Foundry empowers young people to determine which services best help them live a good life, whether it be online or in-person.

With Foundry in more communities and with unlimited access to Foundry's virtual services, young people and their caregivers no longer have to ask, "Where can we go for help?"

Visit foundrybc.ca/virtual to learn more.

New! Foundry BC App

Co-created with and for youth, Foundry's provincial virtual service includes our new Foundry BC app and offers drop-in and scheduled counselling, peer support, groups and other services as well as tools and resources.

Download the Foundry BC app through Apple Store and Google Play or access a [web portal version](#). And, if internet access is a barrier, we are able to provide support by phone at 1-833-FØUNDRY (1-833-308-6379).

App features:

- Schedule virtual appointments in advance
- Same-day support via messaging, audio or video sessions
- Group sessions with peers
- My Story: share your story once, in your own words
- Access Foundry's online tools and resources
- Additional services and features coming soon!

