· F O U N D R Y· WHERE WELLNESS TAKES SHAPE



Co-created with and for youth, Foundry's provincial virtual service can now be accessed through the Foundry BC app. BC young people aged 12-24 and their caregivers now have access to free and confidential drop-in and scheduled counselling, peer support, groups and other services as well as tools and resources.

This provincial offering is designed to complement the services being offered in Foundry centres. Our goal is to support young people across BC who do not have access to Foundry services in their own communities.

Can Foundry centres access Foundry Virtual BC's clients on Toolbox?

To promote continuity of care and to prevent young people from having to complete surveys and assessments multiple times, client Toolbox records will be accessible to multiple centres. Foundry centres will have the ability to link a client from another centre (Including Foundry Virtual BC) to their own Foundry centre.

What kind of features will be available on the Foundry BC app in the future?

New features and services to be introduced to the Foundry BC app in 2021:

- Action Plan: Track goals and progress collaboratively with your service provider
- Circle of Care: Add service providers and/or caregivers to your account. Have full control over the information you choose to share with them.
- **Medication History Log:** Track current and past prescribed medication



- Same-day counselling and peer support via messaging, audio or video sessions
- Schedule virtual counselling and peer support appointments in advance
- Attend group sessions with peers (both clinical and non-clinical groups available)
- My Story: share your story once, in your own words
- Access Foundry's online tools and resources
- Additional services and features coming soon!

Download the Foundry BC app through Apple Store, Google Play or access the web portal. More information and service hours available at foundrybc.ca/virtual. And, if internet access is a barrier, we can provide support by phone at 1-833-FØUNDRY (or 1-833-308-6379).

When will the centres be able to use the Foundry BC platform as part of their practice?

The next phase of development will focus on exploring how this technology can evolve to seamlessly connect young people with virtual and in-person services at Foundry centres. In the upcoming months, the Foundry Virtual BC project team will be connecting with Foundry centres to learn more about how we can achieve this. In 2022, the Foundry centres who supported the app pilot project will have access to the Foundry BC platform to help support them in their practice.





