

# SPEAK UP!



Advocacy Series  
w/ Foundry Virtual

**5-week webinar series:**

Your RIGHTS as a  
young person in BC

## 01

HOW DO I TELL MY DOCTOR  
WHAT I NEED?



## 02

WHAT DOES IT MEAN FOR ME TO BE  
CERTIFIED UNDER THE  
MENTAL HEALTH ACT?

## 03

I'M A YOUTH IN CARE,  
HOW CAN I ADVOCATE FOR  
MYSELF?

## 04

I'VE BEEN CHARGED WITH AN  
OFFENCE, WHERE DO I GO FOR  
ADVICE?

### Dates

August 4 4:00PM PST  
August 10 4:00PM PST  
August 17 4:00PM PST  
August 24 4:00PM PST  
August 31 4:00PM PST

### More info:

<https://foundrybc.ca/virtual>

## 05

I'M A VICTIM OF ABUSE,  
WHERE CAN I GET SUPPORT?

