



Reference Number: 698-00

Position: TYES Peer Support Worker – Full Time

Location: Terrace, British Columbia

Department: TDCSS Support Services

Summary:

TDCSS fosters an environment of continuous learning and a work culture of professional development. All employees of TDCSS are expected to participate in ongoing professional growth and development activities.

The TYES Peer Support Worker participates as a collaborative partner with the Foundry centre team. Though the TYES program is separate from Foundry, the program works within the Foundry care model out of the Foundry site in partnership with Foundry staff.

The TYES (Terrace Youth Engagement Strategy) program provides supports in Terrace to youth and young adults aged 12-24 that focuses on youth health and wellness. This includes, but is not limited to: life skill development, employment support, access or referral to mental health and/or addictions support, social skills development, technology awareness, peer support, and recreational activities.

The TYES Peer Support Worker reports to the Foundry site Peer Support supervisory staff to fulfil the TYES program obligations and objectives. The TYES Peer Support Worker will assist the Program Coordinator in the delivery of programming which will include facilitated group workshops and other activities for youth that focus on building their life skills, social skills, cultural connectivity, mental wellness, and employability. Life skills can include but are not limited to: personal leadership, intrinsic motivation, interpersonal communication, conflict resolution, problem solving, teamwork, healthy relationships, time management, stress, self-care, personal and workplace health and safety, emotional health, safe use of the Internet, healthy lifestyle choices, work-life balance, budgeting, financial planning, and setting short and long term life goals.

Drawing on their own lived experience of mental health or substance use challenges the TYES Peer Support Worker helps youth and young adults with service navigation, resource information, and connect them with Foundry and/or community resources. The TYES Peer Support Worker offers peer-based mentoring and emotional support, and works collaboratively with youth, their families, and members of the care team. This position assists with the delivery of walk-in services and offers support both on a 1:1 basis and in a group setting. The Peer Support worker acts as an advocate and role model and helps young people and their families recognize that with hope, recovery is possible.



Duties and Responsibilities:

- Plays a key role in ensuring that the centre offers a safe, welcoming, inclusive, and youth-friendly environment.
- Establishes a purposeful relationship with young people and supports their engagement and participation in centre services
- Provides support, guidance and mentorship for youth and their families, and assists in sharing information on resources and service navigation.
- Assists youth with the activities of daily living including: time management, organization, and interpersonal communication.
- Accompanies youth to appointments in the community
- Leads or co-facilitates group services to promote skills development and mental health and substance use recovery and relapse prevention.
- Assists with planning, coordinates and/or participates in recreation and social activities
- Provides support to aid with reducing youth's distress, improves/maintains functioning, enables independence and active participation.
- Facilitates youth engagement and participation in focus groups, workshops, surveys and related activities
- Works collaboratively with team members to meet pre-established goals and objectives; facilitates recovery-based peer support meetings and activities.
- Works collaboratively with centre staff, community and hospital-based teams to build relationships between youth, families, and systems to enhance the awareness of youth/family needs
- Completes and maintains related records and documentation including: statistics, progress reports, and care plans.
- Participates in team meetings, case conferences, and organizational initiatives
- Works as a liaison between the Foundry centre, the youth accessing the centre, and the Youth Peer Engagement Coordinator on the Foundry Central Office team.
- Work with youth and young adults (ranging in age from 12-24) accessing services at the TYES program within the Foundry site.
- Provide information to youth regarding TYES programming and other support options which exist in the community.
- Protects company assets.
- Presents a positive image of the Organization in the community. This includes but is not limited to abiding by TDCSS's Policy and Procedures including the Code of Ethics, the Foundry policies and work flows, and The TYES program specific policies and procedures.



- Adherence to quality expectations and standards
- Reports accidents and injuries through the approved channels (Manager, Associate Director, Human Resources, Sharevision etc.)
- Facilitate activities and build relationships
- Have fun and role model positive and healthy behaviours
- Ensure all young persons served are supervised and safe at all times.
- Read, understand and follow all TDCSS policies and procedures
- Conduct self in a professional manner at all times
- Supports new traditional and non-traditional program opportunities.
- Prepares the room daily through preparing refreshments and food; cleaning
- Maintains written documentation on all relevant and essential aspects of operations (i.e. individual records, personnel files, program records etc.) while upholding the privacy statement procedures with respect to youth.
- Maintains confidentiality and security of organizational, proprietary records, files, and information at all times.
- Performs other related duties as required.

Skills and Abilities:

- Able to establish rapport and maintain therapeutic relationships with young people and family members
- Empathic, compassionate, with good listening skills and creative thinking
- Demonstrated ability to observe and recognize changes in youth, and communicate those changes to others on the care team.
- Conflict resolution and crisis intervention skills
- High degree of self-awareness and capacity to apply appropriate boundaries and maintain confidentiality
- Able to promote positive change and independence
- Self-starter with a positive attitude, and able to advocate for self and others
- Broad knowledge of social, mental health, and substance use services available in the community
- Knowledge of systemic issues and risk factors facing minor groups including LGBTQ2S, Indigenous youth and young adults
- Demonstrated problem solving and decision-making skills; ability to gather and process information to support the organization and its team
- Well-developed communication skills; ability to speak, listen, and write clearly, thoroughly, and professionally



- Demonstrated organizational and time management skills, accountability, reliability, and punctuality
- Ability to work independently and show initiative, as well as be part of an inter-disciplinary team
- Basic computer skills: experience with Microsoft Office, Excel, PowerPoint, and Outlook

Hours 35 Hours per week **FULL-TIME**

Shifts _ **DAYS, EVENINGS and WEEKENDS** _

Must be willing to work a flexible schedule

Rate of Pay: \$19.25 hourly

Qualifications

Education and Knowledge

Required:

- Grade 12, plus related experience working with youth and young adults with mental health and/or substance use issues or an equivalent combination of education, training and experience.

Preferred:

- Lived experience of mental illness and/or substance use, completion of/eligible for completion of a recognized youth peer support-training program and willing to self-identify and share experience of recovery.
- A degree or diploma in the Human/Social Service field
- ability to work flexible hours
- knowledge of community resources
- Valid Class 5 driver's license
- Vehicle with business insurance
- Driver's Abstract in good standing
- First Aid Level 1

An equivalent of education and/or experience will be considered for this job. Job Descriptions are available upon request from the TDCSS Human Resources Office.

This position is non-union.



TDCSS is an equal opportunity employer. All qualified applicants are encouraged to apply, however only successful applicants will be contacted.

This position is open to applicants of all genders.

All applications must be submitted to: hr@tdcss.ca