



First Nations Health Authority
Health through wellness



Youth Not Just Naloxone Train-the-Trainer

Training Indigenous Youth to Facilitate Conversations on Harm Reduction, Substance Use, and Responding to Overdose

May 22-24, 2019

*****Applications Due by April 30th, 2019*****

- Do you identify as being Indigenous? Yes ☐ No ☐
- Do you primarily live in British Columbia? Yes ☐ No ☐
- Which Region? ☐ North ☐ Interior ☐ Vancouver Island ☐ Vancouver Coastal ☐ Fraser
- Are you between the ages of 16 and 25? Yes ☐ No ☐
- Are you available to travel to Maple Ridge from May 21-24, 2019 (we will pay all expenses)? Yes ☐ No ☐
- If you are under 18, do you have permission from your caregiver? Yes ☐ No ☐

If you answered yes to all of the above questions, Youth Not Just Naloxone is for you!!

How to apply

1. **Find an older youth/adult mentor in your community who is willing to support your application.** This person does not need to come with you, but will be willing to offer you opportunities in your community after Not Just Naloxone: Youth! The person should be someone who is comfortable talking about substance use and harm reduction. It could be an older youth, youth worker, teacher, Elder, or someone who has taken NJN trainings before. **Have this person fill out the Adult Mentor information on page.** This form can be handwritten or completed electronically.
2. **Fill out the application form (pages 2-3)**
 - This form can be handwritten or completed electronically.
 - If you are under 18 years old, you will need permission to participate from your caregiver, whether that is a family member or a social worker.
 - Your mentor or the FNHA Indigenous Wellness team can help you fill this out! Please email cdcevents@fnha.ca or call Jennifer at 604-693-6772 for help!
3. **For youth under 18: have your caregiver, parent, guardian, or social worker complete the consent form (signature required on pages 9).**
4. **Complete photo/video release so we can show your videos to various audiences (page 10).** **For youth under 18,** your caregiver, parent, guardian, or social worker will need to complete this form.
5. **Email your application to cdcevents@fnha.ca – we will contact you regarding your application.**

BASIC INFORMATION ABOUT YOU!

Please tell us a little about you so we can make this the best training possible!

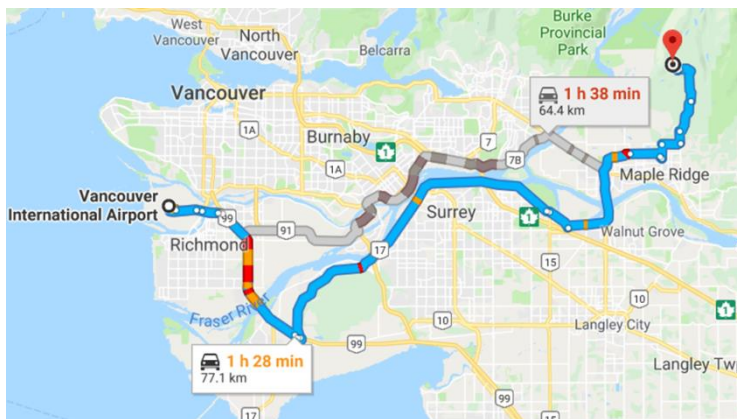
Your Name: (the name you want people to call you)
Your name as it appears on your ID: (for travel booking and emergency situations)
Pronouns: (for example, he/him/his, she/her/hers, they/them/theirs)
Birthdate: (for travel booking and emergency situations)
Age:
Email Address:
Phone Number: (please state if call or text is preferred, and if it is okay to leave a voicemail)
Best way to contact you:
Mailing Address (so we can mail you any materials you may need after the workshop)
Which Nation(s)/Band(s) do you belong to?
Which community/reserve do you live on?
Emergency Contacts:
Name:
Relationship:
Phone Number /best way to get in touch:
Name:
Relationship:
Phone Number /best way to get in touch:

TRAVEL

Travel to and from First Directions is all paid for and arranged by FNHA. We will work with you and your community to make it possible for you to attend.

The Vancouver Airport (YVR) to Loon Lake Lodge in Maple Ridge is 1.5 hours away. All travel will be paid for and we will help you make travel arrangements.

We can reimburse mileage for rides to/from the airport or the workshop location in Maple Ridge, book planes, trains, or ferries, and offer other types of transportation as well (e.g. picking you up by car and bringing you to Maple Ridge).



Where you will be leaving from on May 21 to get to Maple Ridge, BC:
Where is the closest airport, train station or ferry terminal?
Which forms of transportation to get to Maple Ridge, BC would work best for you? Check all that apply:
<input type="checkbox"/> Plane <input type="checkbox"/> Car (my car or the car of someone in my community) <input type="checkbox"/> Car (a ride with someone on the FNHA team) <input type="checkbox"/> Ferry <input type="checkbox"/> Train <input type="checkbox"/> Other
Where you will be going back to on May 24 when you leave Maple Ridge, BC:
Where is the closest airport, train station or ferry terminal?

ACCOMODATION

We have shared accommodations for the May 22-24, 2019. You will be sharing a room with another youth during the week (2 people per room). FNHA and YouthCO staff will provide supervision throughout our time together. Please note: your phone may not receive cell service but wifi is available. Shampoo, bedding and towels are provided.

We will do our best to place you in a shared room that will be as comfortable as possible for you. We do not assign rooms by gender. We will balance a variety of factors when making room selections.

- Is there anyone attending you would prefer to share a room with? (We will try, but can't guarantee this!) _____
- Are there any access or safety needs you want us to be aware of when creating your room grouping? _____

Venue: <https://loonlake.ubc.ca/>



What's a retreat without a t-shirt to say you've been?

What t-shirt size would you like us to order you? _____



HEALTH & WELLNESS INFORMATION

Do you have any dietary restrictions or food allergies? (e.g., are you vegetarian, vegan, gluten sensitivity, etc...)
What's your favorite food?
Do you have any medical, mental, or physical health needs that we should be aware of while you are at the training? (e.g. prone to seizures, taking medications, severe allergies, need to avoid stairs, anxiety etc.) Please let us know how we can address those needs while you are at Youth NJN.
Do you have any access needs you would like to share? Access needs include ways we set up the space and accommodation so it is as easy and safe as possible for everyone to participate. Access needs include things like having gender neutral washrooms, ASL interpretation, peanut-free space, lots of breaks, access to prescription or cultural medicines, and many other things that can take care of our emotional, mental, spiritual, or physical selves. We will ask about access needs during the event as well!

ADULT MENTOR INFORMATION

Older youth/adult mentors are people in your community who are willing to offer you opportunities in your community after the Youth NJN training to share what you learned. This could be teaching on harm reduction and naloxone training your community. The person should be someone who is comfortable talking about drugs/substance use, harm reduction and addiction. It could be an older youth, youth worker, teacher, nurse, health worker, Elder, or someone who has taken NJN/harm reduction/naloxone trainings before. **Youth/adult mentors do not need to come with youth to Youth NJN.**

By asking for an adult mentor, we are able to tie youth into a supportive network so that they can share the information that they learn at the training, potentially volunteer for events such as health fairs and community workshops.

Adult Mentor Name: (the name you want people to call you)
Pronouns: (for example, he/him/his, she/her/hers, they/them/theirs)
Email Address:
Phone Number: (please state if call or text is preferred, and if it is okay to leave a voicemail)
Best way to contact you:
If applicable, name of the place where you work or volunteer:
Your role:
<input type="checkbox"/> Community Health Nurse <input type="checkbox"/> Community Health rep <input type="checkbox"/> Teacher <input type="checkbox"/> Elder <input type="checkbox"/> Older youth <input type="checkbox"/> Youth worker <input type="checkbox"/> Peer, educator, volunteer or worker connected to harm reduction <input type="checkbox"/> Other _____

YOUTH NJN CONSENT FORM
Youth Not Just Naloxone Train-the-Trainer
Loon Lake Lodge & Retreat Centre
14500 Silver Valley Road, Maple Ridge, BC
May 22-24, 2019

The FNHA Indigenous Wellness Team and the Yúusnewas Indigenous team at YouthCO are pleased to invite you to the first Youth Not Just Naloxone train-the-trainer workshop, specifically for Indigenous youth. This three-day workshop, May 22-24, 2019 is focused on supporting youth to facilitate and develop community trainings, focusing on topics such as decolonizing addiction, Indigenous harm reduction, recognizing and responding to an overdose with Naloxone, all through the lens of cultural safety and trauma-informed care. This workshop is free for Indigenous youth in BC.

We encourage and recommend to register in pairs.

Training materials and meals (breakfast, lunch, dinner, snacks, and incidentals), travel, and accommodations will be provided for all participants. FNHA will cover travel costs to and from the workshop as well as meals and accommodations during the training to participants whose applications are accepted.

We will work with families and communities to ensure safe transportation for all youth. FNHA may be able to support a travel attendant for youth under the age of 18.

The Youth NJN we bring Indigenous youth together from across the province to receive training on substance use, harm reduction, and how to respond to an overdose with naloxone. During Youth NJN, a small group of 15-22 Indigenous youth participants will come together to:

- Stay in shared accommodations, supervised by Indigenous youth staff from the FNHA team, YouthCO's Yúusnewas team, and two elders
- Receive training on how to facilitate workshops on safer substance use, Indigenous harm reduction, decolonizing addiction, facilitation skills, and naloxone training
- Working in small groups, practice delivering training

After Youth NJN, youth will receive materials and a certificate to facilitate the training. Along with their adult mentor, Indigenous youth will have the opportunity to host a training in their community.

Tuesday, May 21

- Travel from community to Maple Ridge (we will help arrange)
- Evening opening prayer and welcoming

Wednesday, May 23 to Friday, May 24

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We would love to know if you have any questions about the Youth NJN workshop or this application form. Contact us at cdcevents@fnha.ca or Jenn at 604-693-6772

- Workshops on decolonizing addiction, harm reduction, safety planning, substance use, and naloxone training
- Practicing facilitating and small group work
- Evening programming includes cultural activities, board games, etc

Friday, May 24

- Pack and tidy
- Participants travel back home

If you are under 18 years old, please have a parent, guardian, caregiver, or social worker sign below:

NAME OF YOUTH PARTICIPANT: _____

NAME OF CAREGIVER: _____

I hereby consent to allow my child to attend the Youth Not Just Naloxone: Talking about Substance Use in Indigenous Communities, Train-the-Trainer (the "Event"), as set out in the event description.

I acknowledge that the role of First Nations Health Authority ("FNHA") is limited to funding and coordinating the Event, and that FNHA does not bear any responsibility for adult sponsors (youth mentor), for the safety and/or supervision of my child during the Event, nor during transportation to and from Event activities.

I have read and understood the information provided with this form.

Print Name

Signature

Date

Relationship to child

If you have questions about the training please contact Jennifer Coward, Project Coordinator, FNHA by
email: cdcevents@fnha.ca
phone: Jenn 604-693-6772

Media Release Form

Adult/Minor

Date: _____

Name or title of media: _____

I, (please print) _____ give my permission to the First Nations Health Authority to use my media (art, music, photography or video) without restriction, in any form.

I fully understand that the First Nation Health Authority may use this image and/or voice recording in all forms of media (including, without limitation videos, printed materials, public display and exhibition, publish in book form and electronic reproduction and dissemination.

Name of subject 18 years old or older (please print):

Signature of subject 18 years old or older

Name(s) of child(ren) under 18 (please print

Signature of parent or guardian if child(ren) under 18 years:

Witness Signature