

# NEED HEALTH CARE?

This winter, know  
where to go for  
the right care.



## **NON-URGENT HEALTH CONCERN?**

Visit your doctor, nurse practitioner or local walk-in clinic. Virtual appointments may also be available.



## **CRITICAL OR LIFE THREATENING CONDITION? DO NOT WAIT.**

Call 9-1-1 or go to the nearest emergency department. Request that a copy of your medical reports be sent to your family doctor or nurse practitioner.

(SEE REVERSE FOR MORE OPTIONS)



## SAME-DAY CARE FOR A NON-LIFE THREATENING HEALTH CONCERN?

Visit an Urgent and Primary Care Centre.  
For locations & hours visit [www.vch.ca/UPCC](http://www.vch.ca/UPCC).  
Check [medimap.ca](http://medimap.ca) for UPCC wait times.



## COVID-19 TESTING?

Visit [www.vch.ca/COVIDtesting](http://www.vch.ca/COVIDtesting) for locations & hours.



## FLU SHOT?

Visit [ImmunizeBC.ca/clinics/flu](http://ImmunizeBC.ca/clinics/flu) for locations & hours.



## TRUSTED HEALTH ADVICE?

Contact HealthLinkBC at 8-1-1, available 24/7 or go to [healthlinkbc.ca](http://healthlinkbc.ca)



## URGENT MEDICATION REFILL?

Speak with your pharmacist. They can often provide short-term refills and other advice.

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Visit [www.vch.ca/wintercare](http://www.vch.ca/wintercare) for more info on health-care options over the winter months.



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A GPSC initiative

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