

NEED HEALTH CARE?

This winter, know
where to go for
the right care.



NON-URGENT HEALTH CONCERN?

Visit your doctor, nurse practitioner or local walk-in clinic. Virtual appointments may also be available.



CRITICAL OR LIFE THREATENING CONDITION? DO NOT WAIT.

Call 9-1-1 or go to the nearest emergency department.
Request that a copy of your medical reports be sent
to your family doctor or nurse practitioner.

(SEE REVERSE FOR MORE OPTIONS)



SAME-DAY CARE FOR A NON-LIFE THREATENING HEALTH CONCERN?

Visit an Urgent and Primary Care Centre.
For locations & hours visit www.vch.ca/UPCC.
Check medimap.ca for UPCC wait times.



COVID-19 TESTING?

Visit www.vch.ca/COVIDtesting for locations & hours.



FLU SHOT?

Visit ImmunizeBC.ca/clinics/flu for locations & hours.



TRUSTED HEALTH ADVICE?

Contact HealthLinkBC at 8-1-1, available 24/7 or
go to healthlinkbc.ca



URGENT MEDICATION REFILL?

Speak with your pharmacist. They can often
provide short-term refills and other advice.

Visit www.vch.ca/wintercare for more info on
health-care options over the winter months.



British Columbia
Pharmacy Association



Divisions of Family Practice
A GPSC initiative

**doctors
of bc**
Better. Together.

LifeLabs®

Providence
HEALTH CARE
How you want to be treated.