

WHAT'S HAPPENING?

Week of August 14th, 2018

MONDAY

1:00PM - 5:00PM
Doctors in session

2:00PM - 4:00PM
Youth employment
Programs with the
YMCA Okanagan

2:00PM - 4:15PM
Walk-in counselling

4:30PM - 5:30PM
Walk-in counselling

TUESDAY

10:00AM - 12:00PM
Parent/Caregiver Cafe

11:00AM - 12:00PM
WorkBC Resume
Workshop

1:00PM - 5:00PM
Doctors in session

2:00PM - 4:15PM
Walk-in counselling

WEDNESDAY

2:00PM - 4:00PM
Youth employment
programs with
YMCA Okanagan

2:00PM - 4:15PM
Walk-in counselling

4:00PM - 5:00PM
Okanagan Boys
and Girls Clubs'
'Take it Easy'
program

6:00PM - 9:00PM
Opt Clinic (options
for sexual health)

THURSDAY

1:00PM - 5:00PM
Doctors in session

1:30PM - 3:30PM
Sundaes on a Thursday
*youth aged 18-24

2:00PM - 4:15PM
Walk-in counselling

9:00AM - 12:00PM
Drop-in yoga

**LGBTQA+ youth &
allies groups:**
11 - 14 yrs 4:30-5:30
14 - 18 yrs 6:00-7:00

FRIDAY

9:00AM - 12:00PM
Doctors in session

11:30AM - 12:00PM
Parent/Caregiver
WorkBC Workshop

**For youth aged 12-24
unless otherwise noted
No referral needed, no cost!**

• F O U N D R Y •
KELOWNA

100 - 1815 Kirschner Road | 236 - 420 - 2803

Operated by the Canadian Mental Health Association, Kelowna