

FOUNDRY NORTH SHORE

JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Workout for wellness 1-4pm @ JBCC	3 Younity Lounge Hike @ Lynn Canyon	4 Volunteering at Loutet Farm 5-7 PM	5	6
7	8	9 PW2B Community Day 12:45-2 PM @ Cates Park	10	11 Volunteering at Loutet Farm 5-7 PM	12	13
14	15	16 Workout for wellness 1-4pm @ JBCC	17 Younity Lounge Walk @ Ambleside 3:30 - 4:30 PM	18 Volunteering at Loutet Farm 5-7 PM	19 Zombie Scavenger Hunt 1-3 PM	20
21	22 Cooking & Life Skills 12:30 - 3 PM	23 Workout for wellness 1-4pm @ JBCC	24	25 Volunteering at Loutet Farm 5-7 PM	26 Rowing @ Stanley Park 1-4 PM	27
28	29 Cooking & Life Skills 12:30 - 3 PM	30 Workout for wellness 1-4pm @ JBCC	31	You can join any Group at anytime, all you need is a referral form from a Foundry Worker		