# · FOUNDRY

# **Nurse Practitioner**

Reports to: Medical Director and Program Manager

Location: Foundry Surrey (10280 City Parkway, Surrey, BC)

Updated:

## **Job Summary**

Foundry is an integrated youth services (IYS) initiative for youth ages 12-24 throughout British Columbia (BC). Foundry removes barriers and improves care pathways for youth by supporting co-location and integration of existing resources and services for five core streams: physical and sexual health, mental health, substance use, peer support and social services.

As a primary health care service, Foundry's approach is comprehensive, including episodic care, enhanced medical specialty service (such as gender-affirming care) as well as longitudinal care. Services are offered on a walk-in and appointment basis. Within many communities, Foundry is the only option to receive these kinds of supports for youth under age 25. Primary care is provided collaboratively by a multidisciplinary team that includes family physicians, nurse practitioners, registered nurses, social workers and medical office assistants.

Reporting to the Foundry Surrey Leadership Team, the nurse practitioner works alongside an interdisciplinary team of service providers to meet the primary care needs of young people ages 12-24. They are responsible and accountable for the comprehensive assessment of clients including diagnosing diseases, disorders and conditions. The nurse practitioner initiates treatment including health care management, therapeutic interventions and medication prescriptions in accordance with the statutory and regulatory standards, limits and conditions and within applicable employer policies and procedures. They provide professional guidance to other health professionals and practice autonomously and interdependently within the context of an interdisciplinary Foundry Surrey centre team. They make referrals to specialist physicians, mental health clinicians, public health and others as appropriate.

The nurse practitioner collaborates with clients, all Foundry Surrey centre service providers and other community health providers to identify and assess trends and patterns that have implications for clients, families/caregivers and communities. They develop and implement population- and evidence-based strategies to improve health, and they participate in policy-making activities that influence health services and practices. The nurse practitioner participates in peer review and self-review to evaluate the outcome of services at the client, community and population levels.

# **Key Duties and Responsibilities**

- Diagnoses and treats previously undiagnosed clients for undifferentiated diseases, disorders and conditions
  within the nurse practitioner's scope of practice; writes orders for treatment and medications; provides first
  line care in emergencies;
- Monitors ongoing care, orders appropriate screening diagnostic investigations; interprets reports of investigations and analyzes information to monitor progress and plan treatment;
- Establishes priorities for management of health, diseases, disorders and conditions; provides follow-up treatment; communicates with clients and families/caregivers about health findings, diagnoses, priorities, outcomes and prognoses; supports and counsels clients in their responses to diseases, disorders and conditions:
- Collaborates and consults with physicians or other health care and social service providers as appropriate to assess and diagnose clients and develop and implement treatment plans;
- Prescribes drugs within the statutory and regulatory standards, limits and conditions for nurse practitioners and within applicable employer policies and procedures;
- Participates in research contributing to improved client care and advances in nursing, health policy development and population health;
- Maintains youth population health focus (ages 12-24) by implementing screening and health promotion activities for youth populations at risk;
- May participate in interdisciplinary Foundry centre education through case presentations, mentoring, role modeling, facilitating the exchange of knowledge and fostering health care partnerships;
- Develops, implements and evaluates policies and procedures related to nursing, interdisciplinary care and health system practices; and
- Performs other duties as required.

#### Qualifications

- Current practicing registration as a nurse practitioner with the British Columbia College of Nurses and Midwives (BCCNM) and recent relevant clinical nursing experience;
- Successful completion of the Objective Structured Clinical Examination (OSCE);
- Completion of the Basic Life Support course (formerly the Health Care Provider CPR course);
- Experience working with young people ages 12-24 considered an asset; and
- Experience with gender-affirming care, mental health and substance use considered an asset.

### **Skills and Abilities**

- Ability to communicate and collaborate with clients and families/caregivers about health findings, diagnosis, treatment, self-care and prognosis;
- Ability to collaborate, consult with and formally refer clients to physicians and other health professionals when appropriate;
- Cultural agility, safety and humility (CASH) skills and expertise:
  - Demonstrated cultural sensitivity and understanding of the client's population's socioeconomic characteristics;



- Commitment to learning and unlearning about colonization and its impact on creating and sustaining health inequities;
- Commitment to a way of working that is grounded in anti-oppression;
- Ability to critically assess and evaluate health research literature to determine best practices; ability to introduce education and evidence-based research into practice;
- Ability to assess and recognize population health trends and plan and implement strategies for populationbased prevention and health promotion;
- Ability to implement and evaluate planned change;
- Ability to provide leadership and collaborate within a team-based care context;
- Ability to self-direct, interact and adapt effectively with other professionals in complex, dynamic situations;
- Ability to transfer knowledge, teach, coach and mentor others;
- Ability to identify and respond appropriately to legal and ethical issues that may arise in client care; and
- Ability to self-assess performance, assume responsibility and accountability for own professional development and seek educational or consultative assistance when appropriate.

