

CARRIER SEKANI FAMILY SERVICES

PROGRAM DESCRIPTION
<p>Carrier Sekani Family Services has been a leader in the development of integrated primary care that meets our vision of holistic service provision based on a life cycle approach. Building on this work within the context of a youth and family centered model of care, CSFS, in partnership with Foundry Central will establish an integrated space for young people ages 12-24 in Burns Lake in order to access mental health care, substance use services, primary care, social services and youth and family peer supports.</p>
JOB DESCRIPTION
<p>PURPOSE OF THE POSITION</p> <p>The Foundry Mental Health Therapist provides intake, assessment, treatment and crisis intervention to youth and families/caregivers attending Foundry. The Mental Health Therapist will develop and implement treatment plans for youth with mental health and substance use issues, within Foundry's Integrated Stepped Care Model and on a walk-in basis. They will establish supportive and trusting relationships that promote mental health and wellness and reduce client risk.</p> <p>RESPONSIBILITIES/SCOPE:</p> <ul style="list-style-type: none"> • Provide individual and group counselling to youth using developmentally appropriate, evidence-based modalities (e.g., CBT, DBT, play therapy, solution-focused, motivational interviewing, ext). • Complete clinical assessments and develop treatment plans in collaboration with the youth and their support networks. • Build trusting, therapeutic relationships with youth while maintaining clear professional boundaries. • Respond to acute mental health concerns, including suicidal ideation, self-harm, and substance use; develop safety plans as needed. • Engage families and caregivers when appropriate to support holistic care and family well-being. • Work collaboratively with school staff, primary care, social workers, and community partners to coordinate wraparound services. • Deliver psychoeducation and prevention programs related to mental health, emotional regulation, coping skills, and healthy relationships. • Develops content related to psychoeducational resources for clients, families, and staff members in collaboration with an interprofessional team. • Advocate for youth voice and choice in their care and support youth in navigating systems. • Maintain accurate, timely clinical records and participate in regular supervision and case consultation. • Delivers group intervention services to specific client populations. Develops and coordinates groups including the necessary preparation, prioritizing, scheduling, and arranging for space and other resources. • Participates in a variety of teams and/or local committees and internal and external case conferences through engaging in practice evaluation, identifying opportunities for change, assessing available resources, initiating solutions, and analyzing outcomes. • Maintains knowledge of developments in own health profession including mental health and substance use through reviewing literature, consulting with clinical and community experts within the field, and participating in professional development and continuing education activities. • Participates in the ongoing development and evaluation of Foundry services by collaborating with members of the interprofessional team, providing input, and making recommendations to the Program Leader and Director as requested. • Provides community education, consultations, and referrals to other professional groups regarding counseling services, issues, and methods. <p>KNOWLEDGE, SKILLS, AND ABILITIES</p> <ul style="list-style-type: none"> • Knowledge of First Nations culture and traditions (specifically Dakelh, Nedut'en and Wet'suwet'en)

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- Demonstrated expertise in clinical assessment, planning, implementing and evaluating mental health and wellness services;
- Knowledge of child and adolescent development, mental health disorders, substance use, and family dynamics.
- Adaptability skills –Adapts to changes in the work environment, manages competing demands, and is able to deal with frequent change, delays, or unexpected events.
- Dependability – Consistently at work and on time, follows instructions, responds to management direction and solicits feedback to improve performance.
- Interpersonal skills – Maintains confidentiality, remains open to other’s ideas and exhibits willingness to try new things.
- Relationship building skills – Develops strong, cooperative relationships with internal and external partners, customers, clients and colleagues to build long term relationships that foster collaboration and partnership
- Planning/organizing skills – Prioritizes and plans work activities, uses time efficiently and develops realist action plans.
- Professionalism – Approaches others in a tactful manner, reacts well under pressure; treats others with respect and consideration regardless of their status or position; accepts responsibility for their own actions.
- Computer skills including the ability to operate spreadsheets and word processing programs at a highly proficient level.
- Oral communication skills – Speaks clearly and persuasively in positive or negative situations, demonstrates group presentation skills and conducts meetings.
- Written communication skills– Edits work for spelling and grammar, presents numerical data effectively and is able to read and interpret written information. Ability to maintain appropriate clinical administrative records
- Demonstrated ability to take clinical input and direction from a supervisor
- Physical ability to perform the duties of the position
- Familiarity with northern and rural communities

QUALIFICATIONS AND EDUCATIONAL REQUIREMENTS

- Master's degree in Counselling, Psychology, Child & Youth Care, Social Work, or related field.
- Registered or eligible for registration with a professional regulatory body (e.g., RCC, RSW, CCC).
- Minimum 2 years’ experience working with youth in a therapeutic or counselling capacity.
- Skilled in trauma-informed, youth-centered, and culturally responsive practice.
- Experience working with marginalized and high-risk youth, including LGBTQ2S+, Indigenous, and/or neurodiverse populations, is an asset.
- Ability to build rapport quickly, set appropriate limits, and adapt interventions to suit different ages and cultural contexts.
- Valid driver’s license and ability to travel (if applicable).
- Ability to obtain a clear Criminal Record Check with Vulnerable Sector screening.

WORKING CONDITIONS

- Occasionally lift and/or move equipment and boxes up to 25lbs
- Located in a closed office area
- Some computer work and typing requiring sitting and using office equipment
- Occasionally lift and/or move up to 25lbs
- Communication with a wide variety of internal and external clients is required
- This position routinely deals with a high degree of stress due to the complexity of issues, time pressure for decision making, unforeseen circumstances, changing priorities, and uncertainty.
- May be required to work evenings/weekends

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- Exposure to regular travel to remote locations and overnight travel may be required

SPECIAL CONDITIONS

- Initial and on-going employment is subject to submission of a clear Criminal Record check. Criminal Record Check must be conducted every three years.
- Must possess a valid driver's license

TOOLS/ EQUIPMENT

- Use of computer and accessories; Windows Operating System, various software applications (including MS Office suite and Adobe).
- Use of photocopier/fax machine and other office supplies.
- Use of Electronic Medical Record (EMR) systems