

April 21st to 26th, 2025

This week at Foundry



• F O U N D R Y •
PRINCE GEORGE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--|
| <p>Closed for Easter Monday</p> | <p>Walk-in Primary Care: 11:00A.M.-5:00P.M.</p> | <p>Walk-in Primary Care: 11:00A.M.-5:00P.M.</p> | <p>Walk-in Primary Care: 11:00A.M.-5:00P.M.</p> | <p>Walk-in Primary Care: 11:00A.M.-5:00P.M.</p> | <p>Walk-in Primary Care: <i>No walk-in primary care today</i></p> |
| | <p>Walk-in Counselling: 12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> Jane, Emily & Moira | <p>Walk-in Counselling: 12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> Emily | <p>Walk-in Counselling: 12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> Sandy & Karen | <p>Walk-in Counselling: 12:00P.M.-5:00P.M.</p> <ul style="list-style-type: none"> Moira | <p>Walk-in Counselling: <i>No walk-in counselling today</i></p> |

Primary care services at Foundry Prince George include Registered Nurse Sexual Health Prescriber, Nurse Practitioner, and/or Physician time slots.

Visit us

1148 7th Avenue, Prince George
foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca
236-423-1571



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| <p>Groups:</p> <p>Dialectical Behaviour Therapy (Registered) 4:00P.M.-5:00P.M.</p> | <p>Groups:</p> <p>Service Canada and Canadian Revenue Agency (CRA) (Drop-In, any ages) 12:00P.M.-5:00P.M.</p> <p>Smart Recovery Family & Friends (Drop-In) 5:00P.M.-6:30P.M. @the Prince George Public Library</p> | <p>Groups:</p> <p>Work Out Group with Peer Supporter River (Registered) 1:00P.M.-3:00P.M.</p> <p>Bereavement Support for Traumatic Loss (Registered) 6:00P.M.-8:00P.M. Contact pgbereavement@gmail.com for more info</p> | | | <p>Groups:</p> <p>Shade Trans Social Group (Drop-In) 4:00P.M.-6:00P.M. Contact accessiblecounselling.services@gmail.com for more info</p> |

How to access primary care at Foundry Prince George:

- ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking.
- ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.
- ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video

How to access Family/Caregiver Support:

- ✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca

How to access Youth Peer Support:

- ✓ Contact Foundry or come down to Foundry or YAP Monday-Friday

How to access Housing Support:

- ✓ Contact Ren: 250-645-6090 or email ren.anderson@bc.ymca.ca

