April 14th to 2 This week at Four

| 19 th , 2025 | · FOUNDRY· |
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| ndry | PRINCE GEORGE |

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---------------------------|----------|
| Walk-in Primary Care: 11:00A.M5:00P.M. | Walk-in Primary Care: 11:00A.M5:00P.M. | Walk-in Primary Care: 11:00A.M5:00P.M. | Walk-in Primary Care: 11:00A.M5:00P.M. | | |
| Walk-in Counselling: 12:00P.M5:00P.M. • Jane • Emily (by phone or video) | Walk-in Counselling: 12:00P.M5:00P.M. • Jane & Moira • Emily (by phone or video) | Walk-in Counselling: 12:00P.M5:00P.M. Vanessa Emily (by phone or video) | Walk-in Counselling: 12:00P.M5:00P.M. Vanessa & Sandy | Closed for Good Friday | |
| _ | at Foundry Prince George rescriber, Nurse Practitio | | | | |
| time slots. | | | | Visit us | |



1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

Contact Us

foundryprincegeorge@bc.ymca.ca 236-423-1571

April 14th to 19th, 2025 This week at Foundry

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| # 7 | PRIN | CE GE | ORGE | |

250-645-6090 or email

lacey.anderson@bc.ymca.ca

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | |
|---|---------|---|---|------------------------|----------|--|--|
| Groups: Dialectical Behaviour Therapy (Registered) 4:00P.M5:00P.M. | Groups: | Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M3:00P.M. Bereavement Support for Traumatic Loss (Registered) 6:00P.M8:00P.M. Contact pgbereavement@gmail. com for more info | Groups: Shade Trans Social Group (Drop-In, ages 18+) 7:00P.M9:00P.M. Contact accessiblecounselling services@gmail.com for more info | Groups: | Groups: | | |
| How to access primary care at Foundry Prince George: | | | How to access Fa | mily/Caregiver Support | | | |
| ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking. ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls. ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video | | | 236-423-19 <i>kristie.noi</i> How to access Yo ✓ Contact Fo | | | | |

