# March 31<sup>st</sup> to April 05<sup>th</sup>, 2025

This week at Foundry

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: 11:00A.M5:00P.M.	Walk-in Primary Care: No walk-in primary care today
Walk-in Counselling: 12:00P.M5:00P.M.  Jane & Moira Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M.  • Jane & Moira  • Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M.  Vanessa Emily (by phone or video)	Walk-in Counselling: 12:00P.M5:00P.M.  Vanessa, Sandy & Kareen	Walk-in Counselling: 12:00P.M5:00P.M.  Moira & Kareen	Walk-in Counselling: No walk-in counselling today
•	at Foundry Prince George rescriber, Nurse Practitio	· ·		Viola	



time slots.

#### Visit us

1148 7th Avenue, Prince George foundrybc.ca/princegeorge/

#### **Contact Us**

foundryprincegeorge@bc.ymca.ca 236-423-1571

## March 31<sup>st</sup> to April 05<sup>th</sup>, 2025

This week at Foundry

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Groups: Dialectical Behaviour Therapy (Registered) 4:00P.M5:00P.M.	Groups:	Groups: Work Out Group with Peer Supporter River (Registered) 1:00P.M3:00P.M.  Bereavement Support for Traumatic Loss (Registered) 6:00P.M8:00P.M. Contact pgbereavement@gmail. com for more info	Groups:  UBC Patient and Community Partnership for Education (PCPE) (Open House/ Drop-In) 12:00P.M1:00P.M. & 5:00P.M6:00P.M. Contact mandy.young@ubc.ca for more info  Shade Trans Social Group (ages 18+) (Drop-In)	Groups:	Groups:

7:00P.M.-9:00P.M.

Contact

accessiblecounselling

services@gmail.com

for more info

## How to access primary care at Foundry Prince George:

- ✓ Offered on a first-come, first-serve basis on the same day of need. No pre-booking.
- ✓ Due to high demand and a shortage of providers in the community, walk-in services at Foundry PG fills up very quickly. Those who present in person at 11:00am will be booked prior to taking phone calls.
- ✓ If you have a cold or flu-like symptoms, you will be asked to wear a mask or potentially engage by phone or video

### **How to access Family/Caregiver Support:**

✓ Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca

## **How to access Youth Peer Support:**

✓ Contact Foundry or come down to Foundry or YAP Monday-Friday

## **How to access Housing Support:**

✓ Contact Ren (Lacey) or Shane: 250-645-6090 or email lacey.anderson@bc.ymca.ca

