

**INTERNAL POSTING**

**EXTERNAL POSTING**

**DATE:** January 8, 2025

**PROGRAM:** Foundry Ridge-Meadows

**POSITION:** Family Peer Support Worker

**LOCATION:** Maple Ridge, BC

## **FAMILY PEER SUPPORT WORKER**

*Foundry is removing barriers and increasing access to health and wellness services for young people ages 12–24 and their caregivers through a network of youth-friendly centres across British Columbia and online. By offering integrated mental health care, substance use services, physical and sexual health care, youth and family peer support and social services, Foundry makes it easier for young people to find support in their communities. Online resources and first-of-its-kind virtual care further broaden Foundry's reach.*

The Family Peer Support Worker is an integral member of the Foundry Care Team and utilizes their own living/lived experience of supporting a youth or young adult who has experienced mental health or substance use challenges. The Family Peer Support Worker assists in the delivery of Foundry Centre operations and offers family and caregivers assistance with service navigation, education and resource information, while providing individualized peer-based practical, emotional and social supports. Delivering services in alignment with Foundry's Service Model, the family peer supporter promotes holistic family health and well-being by fostering the development of respectful, collaborative relationships with familymembers/caregivers, youth and service providers.

### **ACCOUNTABILITIES**

- Provides direct on-site services to families and caregivers by providing support, guidance and mentorship, in the areas of information, navigation, education, resources and skill development, to support and engage families as expert partners in their co-developed wellness goals.
- Models hope and shares living/lived experiences and lessons learned to support families and caregivers in achieving individual and family health and wellness goals.
- Facilitates meaningful engagement (defined in Foundry's youth and family engagement guide) and participation of families in focus groups, surveys, research, evaluation and other opportunities related to peer support to further build capacity and leadership.
- Works collaboratively as an advocate and liaison between caregiver/family member, youth, Centre staff and community partners.
- Collaborates with youth peer support workers at the Centre to optimize the youth, young adult and caregiver/family experience as it relates to the delivery of services.
- Facilitates peer support and educational groups to promote skill development and engagement, as well as foster peer-peer connection and networking opportunities.
- Supports the development of the Foundry peer support network on a provincial level including but not limited to, research, evaluation and quality improvement activities and participation on select provincial working groups.

- Participates as a team member, attending team meetings, case conferences, conference calls and other organizational activities.
- Completes and maintains related records and documentation including statistics, progress reports, care plans, and referrals; and other duties as assigned.

## **QUALIFICATIONS**

### **Education, Training and Experience:**

- Diploma in a related human / social service field with a minimum of one-year relevant experience working with youth and young adults with mental health and/or substance use issues or an equivalent combination of education, training and experience; **and**
- Completion or eligible for completion of Foundry family peer support training

### **Additional Requirements:**

- Clear Criminal Record Check is required.
- Current First Aid and CPR Certificate.
- Valid and unrestricted Class 5 BC Driver's License with access to a safe and reliable vehicle.
- Position requires Union Membership.

## **KNOWLEDGE SKILLS AND ABILITIES**

- Deliver services with high degree of self-awareness, demonstrated ability to maintain confidentiality, and work within personal and role specific limits and boundaries.
- Strong relationship and rapport building skills.
- Assertive communication skills with ability to respect others' perspective.
- Empathic, caring approach, with strong active listening skills.
- Ability to understand and follow a strength-based approach for sharing challenges and co-creating solutions.
- Experienced with group facilitation and community presentations.
- Broad knowledge of community resources and support.
- Knowledge and respect of the diversity of the BC population.
- Demonstrated time management skills, accountability and reliability.
- Strong written and verbal communication.
- Self-starter with a positive attitude and willingness to work flexible hours.
- Basic computer skills; experience with Microsoft Office, Excel, PowerPoint.
- Provides a safe, welcoming and supportive culture for families and caregivers receiving services at the Foundry Centre.

**Shift/Schedule/Hours per week:** 25 hours per week

**Expected Start Date:** ASAP

**Wage/Salary:** starting at \$29.17/hour

**Grid Level:** 12

**Submit Applications to:** Charlene Moore - [cmoore@mrpmcs.ca](mailto:cmoore@mrpmcs.ca)

*Our successful candidate will be aware of and embrace cultural diversity, demonstrating the ability to support all individuals with dignity and respect. This position is open to all applicants.*