



Foundry is here for you, wherever you're at.

We offer free same day and scheduled counselling & peer support, substance use services, groups & workshops, physical & sexual healthcare and employment & education services for young people ages 12-24 across British Columbia.

All services are free and confidential, no referrals are needed. Access appointments through **video**, **audio** and **chat** options..

Learn more: foundrybc.ca/hereforyou

To find a centre near you or access tools & resources, visit: foundrybc.ca

Questions? Email info@foundrybc.ca

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