

# THE FOUNDRY FORECAST

April 29<sup>th</sup> to May 04<sup>th</sup>, 2024

## What's coming up this week at Foundry Prince George?

MONDAY 29	TUESDAY 30	WEDNESDAY 01	THURSDAY 02	FRIDAY 03
<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurse Lauren</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurse Lauren</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurse Lauren</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Nurse Lauren</li> </ul>	<p><b>Primary Care:</b> 11:00am to 5:00pm</p> <p><i>No Walk-in Nurse Today</i></p>
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Paul</li> </ul>	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Dr Kalen</li> </ul>	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>
<p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Emily</li> </ul>	<p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tiffany</li> </ul>	<p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tiffany</li> </ul>	<p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Emily</li> </ul>	<p><b>Counselling:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Emily &amp; Tiffany</li> </ul>
<p><b>Caregiver Support:</b> 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Caregiver Support:</b> 10:00am to 3:30pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Caregiver Support:</b> 3:00pm to 5:00pm</p> <ul style="list-style-type: none"> <li>Tammy</li> </ul>	<p><b>Caregiver Support:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Kristie</li> </ul>	<p><b>Caregiver Support:</b> 11:00am to 5:00pm</p> <ul style="list-style-type: none"> <li>Erin</li> </ul>
		<p>More information about our Groups can be found on the next page and <a href="https://foundrybc.ca/princegeorge">@foundrybc.ca/princegeorge</a></p>		

# What's coming up this week at Foundry Prince George?

Monday April 29, 2024	Tuesday April 30, 2024	Wednesday May 01, 2024	Thursday May 02, 2024	Friday May 03, 2024
<p><b>Groups:</b></p>	<p><b>Groups:</b></p>	<p><b>Groups:</b> <b>Bereavement Support for Traumatic Loss (Registered)</b> <b>5:30pm to 7:00pm</b> Contact <a href="mailto:pgbereavement@gmail.com">pgbereavement@gmail.com</a> for registration or more information</p> <p><b>Craft Night for Parent/Caregivers (Drop-in)</b> <b>6:30pm to 7:30pm @ Van Bien School (311 Wilson Cres), Rm 122</b> Contact <a href="mailto:tammy.tetreau@familysmart.ca">tammy.tetreau@familysmart.ca</a> for more information</p> <p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encouraged to contact us early in the day.</p>	<p><b>Groups:</b> <b>Circle of Security (Registered)</b> <b>11:00am to 1:00pm</b> Contact <a href="mailto:kristie.north@bc.ymca.ca">kristie.north@bc.ymca.ca</a> for registration or more information</p>	<p><b>Groups:</b></p> <p><i>Saturdays</i> <b>Trans Social Group (Drop-in)</b> <b>Next group May 11<sup>th</sup>, 1:00pm to 3:00pm</b></p>
<p><b>How to access a doctor at Foundry PG:</b></p> <ul style="list-style-type: none"><li>✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.</li><li>✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.</li><li>✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.</li></ul>			<p>✓ <b>How to access Family / Caregiver Support:</b> Contact Foundry Prince George: 236-423-1571 or email <a href="mailto:kristie.north@bc.ymca.ca">kristie.north@bc.ymca.ca</a> , <a href="mailto:tammy.tetreau@familysmart.ca">tammy.tetreau@familysmart.ca</a> or <a href="mailto:erin.petrusic@familysmart.ca">erin.petrusic@familysmart.ca</a></p> <p>✓ <b>How to access Youth Peer Support:</b> Call Foundry at 236-423-1571 or come down to Foundry/YAP. <b>Peer Support available Monday to Friday, at YAP &amp; Foundry</b></p> <p>✓ <b>How to access Housing Support and Outreach:</b> Call Jenna King at 250-645-6090 or email <a href="mailto:jenna.king@bc.ymca.ca">jenna.king@bc.ymca.ca</a></p>	