

What's coming up this week at Foundry Prince George?

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <p><i>No Walk-in Nurse Today</i></p>	<p>Primary Care: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Nurse Lauren 	<p>Primary Care: 11:00am to 5:00pm</p> <p><i>No Walk-in Nurse Today</i></p>
<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Kalen 	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Paul 	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>	<p>2:30pm to 5:00pm</p> <ul style="list-style-type: none"> Dr Kalen 	<p>2:30pm to 5:00pm</p> <p><i>No Walk-in Doctor Today</i></p>
<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Emily, Jane & Carly 	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Jane, Tiffany & Carly 	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Vanessa, Carly & Tiffany 	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Vanessa, Emily & Sandy 	<p>Counselling: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Emily & Tiffany
<p>Caregiver Support: 12:00pm to 5:00pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 1:00pm to 4:30pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 12:00pm to 4:30pm</p> <ul style="list-style-type: none"> Tammy 	<p>Caregiver Support: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Kristie 	<p>Caregiver Support: 11:00am to 5:00pm</p> <ul style="list-style-type: none"> Erin
		<p>More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge</p>		

What's coming up this week at Foundry Prince George?

Monday April 22, 2024	Tuesday April 23, 2024	Wednesday April 24, 2024	Thursday April 25, 2024	Friday April 26, 2024
<p>Groups: Foundry Otters Swim Club (Registered) 1pm to 3pm Information and registration @ foundrybc.ca/princegeorge</p>	<p>Groups: Smart Recovery Family & Friends (Drop-In) 5pm to 6:30pm @ PG Public Library</p>	<p>Groups: The Art of Coping (Drop-in) 1pm to 3pm</p> <p>Bereavement Support for Traumatic Loss (Registered) 5:30-7:00pm Contact pgbereavement@gmail.com for registration or more information</p>	<p>Groups: Circle of Security (Registered) 11:00am- 1:00pm Contact kristie.north@bc.ymca.ca for registration or more information</p>	<p>Groups:</p> <p>Saturdays Trans Social Group (Drop-in) Next drop-in group coming up in May</p>
<p>How to access a doctor at Foundry PG:</p> <ul style="list-style-type: none">✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.✓ If you have <u>cold or flu like symptoms</u>, you will be asked to wear a mask or potentially engage by phone or video.		<p>All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.</p>	<p>✓ How to access Family / Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca , tammy.tetreau@familysmart.ca or erin.petrusic@familysmart.ca</p> <p>✓ How to access Youth Peer Support: Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry</p> <p>✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca</p>	