THE FOUNDRY FORECAST :

March 25th to 30th, 2024

What's coming up this week at Foundry Prince George?

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
Primary Care: 11:00am to 5:00pm Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	Primary Care: 11:00am to 5:00pm • Nurse Lauren	
2:30pm to 5:00pm No Walk-in Doctor Today Next walk-in doctor April 4 th , 2024	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm No Walk-in Doctor Today	2:30pm to 5:00pm No Walk-in Doctor Today	
Counselling: 12:00pm to 5:00pm • Emily, Jane & Carly	Counselling: 12:00pm to 5:00pm • Jane, Tiffany & Carly	Counselling: 12:00pm to 5:00pm • Vanessa & Tiffany	Counselling: 12:00pm to 5:00pm Vanessa	Closed for Good Friday
Caregiver Support: 12:00pm to 5:00pm Tammy	Caregiver Support: 1:00pm to 4:30pm Tammy	Caregiver Support: 12:00pm to 4:30pm Tammy	Caregiver Support: 11:00am to 5:00pm • Kristie	
		More information about our Groups can be found on the next page and @foundrybc.ca/princegeorge		







What's coming up this week at Foundry Prince George?

Monday March 25, 2024

Groups:
Dialectical Behaviour
Therapy
(Registered)
4pm to 5:30pm

Contact foundry@bc.ymca.ca for

registration or more information

Tuesday March 26, 2024

Groups: Ice fishing at Eena Lake (Registered)

12:00pm to 4:30pm Contac 236-423-1571 for registration or more information

Smart Recovery
Family & Friends
(Drop-In)
5pm to 6:30pm @ PG
Public Library

How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

Wednesday March 27, 2024

Groups:
The Art of Coping
(Drop-in)
1pm to 3pm

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits. Demand is high so you are encourage to contact us early in the day.

Thursday March 28, 2024

Friday March 29, 2024

Saturday

Next Trans Social Groups April 13th & 20th, 2024, 1pm-3pm

- ✓ How to access Parent/ Caregiver Support: Contact Foundry Prince George: 236-423-1571 or email kristie.north@bc.ymca.ca or tammy.tetreau@familysmart.ca
- ✓ How to access Youth Peer Support:

 Call Foundry at 236-423-1571 or come down to Foundry/YAP.

 Peer Support available Monday to Friday, at YAP & Foundry
- ✓ How to access Housing Support and Outreach: Call Jenna King at 250-645-6090 or email jenna.king@bc.ymca.ca

*As per direction from the Provincial Health Officer, masks are required at health care facilities including Foundry Prince George beginning

October 3rd, 2023*





