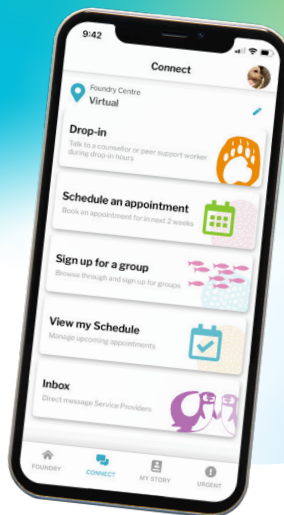


Download the Foundry BC app

Foundry Virtual BC offers free counselling & peer support, substance use services, groups, primary care and employment services to young people ages 12-24 and their caregivers across British Columbia.

Foundry Virtual BC services are available to all youth across BC. Services are free, safe, and confidential, and do not require a referral.

To learn more, please call 1-833-308-6379, email online@foundrybc.ca or visit www.foundrybc.ca/virtual



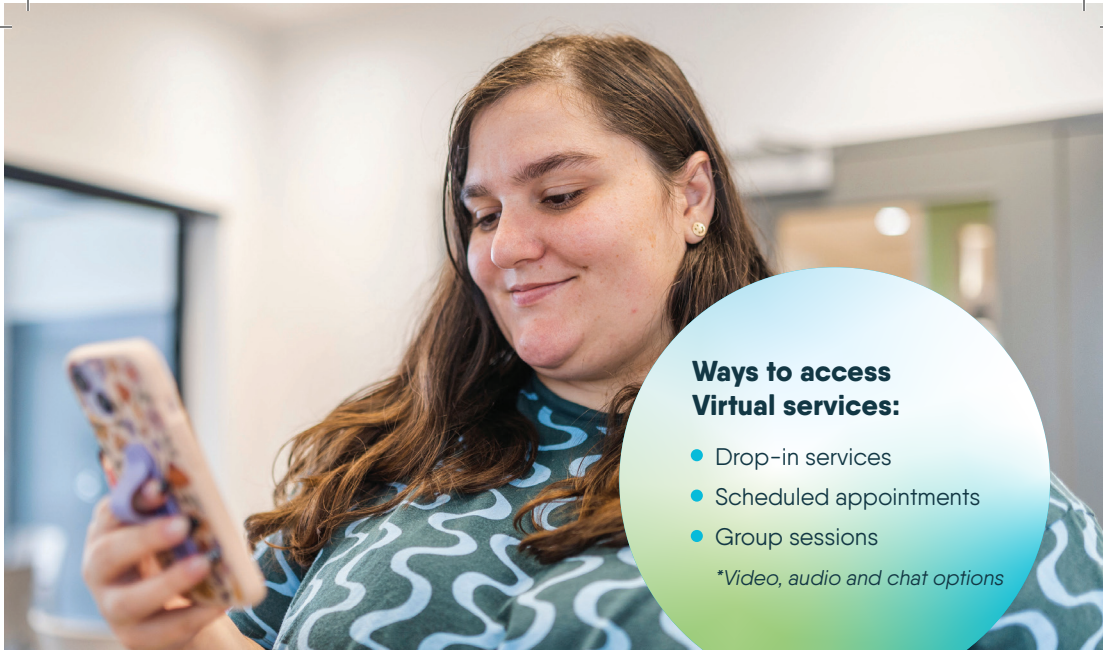
Hours: Mon-Fri 10am-9pm | Sat/Sun 10am-6pm

Download the app



In a browser





Ways to access Virtual services:

- Drop-in services
- Scheduled appointments
- Group sessions

**Video, audio and chat options*

“Having support from someone who understood me and how hard it was to manage my mental health was so helpful. I went from feeling alone and hiding to coming out and feeling connected. I am so grateful”

-Youth Client

· **FOUNDRY** ·