

\*Please note- our walk-in nurse will be available Tuesdays/ Wednesdays/ Thursdays, 11am to 5pm, through September and October

Foundry will be closed on Monday October 2<sup>nd</sup>, for Truth and Reconciliation Day\*

# THE FOUNDRY FORECAST

## September 25<sup>th</sup> to 29<sup>th</sup>, 2023

### What's coming up this week at Foundry Prince George?

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29
<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p>2:30pm to 5:00pm • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Jane</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p>2:30pm to 5:00pm • Dr Paul</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Tiffany &amp; Emily</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p> <p><b>Groups:</b> Smart Recovery Family &amp; Friends (Drop-In) 5pm-6:30pm @the PG Public Library</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Emily &amp; Vanessa</p> <p><b>Caregiver Support:</b> 11:00am to 3:30pm • Tammy</p> <p><b>Upcoming Group:</b> EFFT Caregiver Workshop (Registered) October 3 &amp; 4 (Tues/Wed) 9am-4pm To register email <a href="mailto:vanessa.carpenter@gov.bc.ca">vanessa.carpenter@gov.bc.ca</a></p>	<p><b>Primary Care:</b> 11:00am to 5:00pm • Nurse Lisa</p> <p>2:30pm to 5:00pm • Dr Kalen</p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Vanessa</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm • Kristie</p> <p><b>Groups:</b> Dialectical Behaviour Therapy (Registered) 4pm to 5:30pm Contact <a href="mailto:foundry@bc.ymca.ca">foundry@bc.ymca.ca</a> for registration or more information</p>	<p><b>Primary Care:</b> 11:00am to 5:00pm <i>No Walk-in Nurse Today</i></p> <p>2:30pm to 5:00pm <i>No Walk-in Doctor Today</i></p> <p><b>Counselling:</b> 12:00pm to 5:00pm • Jane &amp; Sandy</p> <p><b>Caregiver Support:</b> 11:00am to 5:00pm <i>No Walk-In Parent Peer Support Today</i> Contact Family Smart at 1-855-887-8004 or <a href="mailto:info@familysmart.ca">info@familysmart.ca</a> for support</p>

# What's coming up this week at Foundry Prince George?

## How to access a doctor at Foundry PG:

- ✓ Offered on a first come, first serve basis on the same day of need. No pre-booking.
- ✓ Due to very high demand and a shortage of doctors in our community, walk-in time with Foundry doctors fills up very, very quickly. Please call or visit Foundry at 11am on the day of, to secure one of our limited time slots available.

All counselling and primary care services are offered on a first come first serve basis for both telephone and in-person visits:

- Nurse - 11am to 5pm, Tues/Weds/Thurs (September & October 2023)
- Counselling - 12pm to 5pm
- Doctors – Mon/Tues/Thurs- 2:30pm to 5pm
- Youth Peer Support- 11am to 5pm
- Parent/Caregiver Support – 11am to 5 pm
- Housing Support & Outreach- 9am-4:30pm

## ✓ How to access Parent/ Caregiver Support:

Contact Foundry Prince George: 236-423-1571 or email [kristie.north@bc.ymca.ca](mailto:kristie.north@bc.ymca.ca) , [tammy.tetreau@familysmart.ca](mailto:tammy.tetreau@familysmart.ca) or [kathy.buhler@familysmart.ca](mailto:kathy.buhler@familysmart.ca)

## ✓ How to access Youth Peer Support:

Call Foundry at 236-423-1571 or come down to Foundry/YAP. Peer Support available Monday to Friday, at YAP & Foundry

## ✓ How to access Housing Support and Outreach:

Call Jenna King at 250-645-6090 or email [jenna.king@bc.ymca.ca](mailto:jenna.king@bc.ymca.ca)

*\*As a health clinic, medical masks are still required at Foundry Prince George when visiting\**