

Foundry Virtual BC

Support for your youth **and for you**

We offer free drop-in and scheduled counselling & peer support, substance use services, groups, primary care and employment services for young people ages 12-24 across British Columbia.

In addition to support for young people, caregivers of young people can also access:

- **Counselling**
- **Family peer support**
- **Groups**

**All services offered are free and confidential.
No referrals are required.**

”Supporting a loved one can be challenging– you don’t have to go through it alone”

– Foundry Family Peer Supporter


To register and make an appointment, download the Foundry BC app.

Visit foundrybc.ca/virtual to learn more. If you don't have internet access you can contact us at 1-833-308-6379 or email online@foundrybc.ca

Hours:

Mon-Fri, 10am-9pm
Sat/Sun 10am-6pm





“I finally feel like I’m not alone. I feel heard, and supported when I speak with a family peer supporter because they “get it” and I don’t have to feel ashamed or alone in my struggles with my child. It is so freeing to speak with someone here. Thank you.”

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