

Wellness Program Community of Practice_ Meeting Minutes

Date: Thursday October 27, 2022, 10-11 am

Participants:

Matt Wenger	P	Jennifer Affolder	P	Connie Berrios	R	Alicia Erenli	P	Alison Ivan	R	Angie Prescott	R
Caitlin Anderson	R	Donna Fullerton	R	Laura Laframboise	R	Melissa Cailleaux	R	Ricki Justice	R		
Carmen De Menech	R	Georgia Dow	R	Lauren Jarvis		Natalie Meredith	P	Sandra Karac	R		
Chris Bennett	R	Greg Loo	R	Lyn Heineman	R	Nicole Clarke	P	Tamiko Keating	R		
CJ LeBlanc	R	Joanne Stephen	R	Mike Franklin	R	Nikolett Baan	R	Tania Wicken	R		
Dana Fog	R	Kim Conroy	R	Melisa Edgerly		Rachel Andor	R	Terry Bulych	R		

Agenda Item	Discussion	Action Items
Reminders/ Updates		
<p>1. Overview community partnerships</p>	<p>Mike→</p> <ul style="list-style-type: none"> • Well on their way in their community. • Partnership with the following organizations to host various programs. <ul style="list-style-type: none"> ○ Local band→ Elder’s club ○ Boys and Girls’ club→ outdoors biking club. Also received a bike donation to the program. ○ Canadian mental health Partnership→ <ul style="list-style-type: none"> ▪ Parent group→ 3-4 nights camping trip without their children. ▪ Youth group→ 1 night away camp for snowshoeing activity. ○ Community intergeneration Group→ Fly fishing club. • Aim to have the youth drop-in through wellness programs→ then enlist them join other programs. <p>Alicia→ Ridge Meadows</p> <ul style="list-style-type: none"> • Stephany went back to school → lost a huge asset. <ul style="list-style-type: none"> ○ Turnover in partnership makes it difficult to build partnership as well. • Aim to have one person dedicated to relationship building. • Connected with Boys and Girls’ club over the summer • Developed reciprocal connection with local youth hub. →The youth hub provide recreational resources and Foundry provide substance use mitigation resources. • Reaching out to local bike shops around Ridge Meadows area. • May reach out to Nicole to run a program together for Ridge Meadow and Abbotsford youth. <p>Nicole→ Abbotsford</p>	<ul style="list-style-type: none"> • Matt and Alicia to connect regarding funding support.

- Partnered with BC Parks foundation → hosted various outdoor activities during the summer.
 - The funder provided transportation and facilitators. Continue to see growth and have youth requesting for the program.
 - Barriers → funder required a minimum of 20 participants to run the program, however participation can change quickly on the day of due to youth's mental health that day.
- Partners with local indigenous teachers to teach tea making with local tea plants.
- Previously had volunteers from local beading store come to host activities. → Stopped due to COVID.

Melisa → Penticton

- Has a martial arts program → a small group of youth consistently attends.
- Has been running programs consistently for Youth and caregiver and youth self-identified as LGBTQ
- Summer outdoor programs with local attractions → ie. Go-carting, mini-golf, and amusement park.
- Previously partnered with South Okanagan Immigrant Community Services (SOICS) → cooking program → cooking different dishes from different cultures and supplied them to those in need.
- Currently has a board game café at the centre → “Meatballs and Milkshakes” → every second month
- Planning for programs targeting youth in the 19-24 group for the fall.
 - Partnering with local galleries to explore different art forms, twice per month → November 2022- June 2023.
 - Vinyl cut making, art journaling, watercolour painting, screen printing and tie-dye.
- Barriers: Trying to set up a consistent escape room excursion program → reached out to the vendor to confirm if they can provide lower entrance fee. Currently waiting for response. .
 - Would love to offer this more often and not as one-off activity → want to set up multiple dates early so youth would know when to join the activities.
 - Previously had a “Pool day” program → programme agreement didn't pass over to the new person in the position. Had to reset the program again. → set to start in January 2023.

*FCO may be able to provide some support to develop provincial wide corporate partnerships, and hope to offset program cost

- Applied for grant with Volleyball BC (Provincial organization) → unfortunately didn't receive the funding.
- Corporate partnerships that centres were interested in
 - Exit Escape Rooms, BC hockey (ice-time), national women's field hockey team. Intro to music/ drama programs.
 - Hope to create low barrier for youth to use Foundry services by building these partnerships.
- Some organizations have already reached out to FCO communications' team that they are interested in partnering with Foundry.

- FCO to review the list of interested vendors and set a priority contact list to reach out.

<p>2. How to keep ongoing communication with partners? (Secondary contact/ turnover/ formal communication?)</p>	<ul style="list-style-type: none"> • It may be administratively heavy to set up partnership within the centres. → but necessary to keep track of partnerships as well as previous communications. <ul style="list-style-type: none"> ○ Specific group booking form for activities inside the centre’s building. ○ For external activities, the vendors must sign a Memorandum of understanding (MOU) ○ Mike also uses the agreement forms to track costs (roughly) and record keeping for future reporting. • If any of the centres that are looking for resources for trainer/ instructor → connect with Jennifer. <ul style="list-style-type: none"> ○ BCRPA → List of instructors for different training, ie. Food safe training. 	<ul style="list-style-type: none"> • Mike to share sample of generic MOU → for organizations that don’t have their own. • Jennifer to provide service agreement signed by Parks and Recreation.
<p>3. Review Wellness Program guide</p>	<p>Deferred to next meeting.</p>	
<p>Program Discussions and Knowledge Exchange</p>		
<p>1. New Business</p>	<p>Nothing to add this time around.</p>	