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Kelowna and West Kelowna: Opioid Agonist Treatment & Substance Use Services

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>Foundry Kelowna</p> <p>1815 Kirschner Rd #100, Kelowna, BC</p> <p>P: (236) 420-2803</p> <p>E: foundrykelowna@cmha.bc.ca</p>	<p>Foundry provides a one-stop access point for mental health and well-being, substance use, social support and services, navigation assistance and self-management. There are Foundry centres across BC, where youth can access counselling, peer support, and other wellness services.</p>	Free	12-24 & Families	<p>Mon-Fri Lobby open 9:00am- 4:00pm</p> <p>Walk-in counselling available Tues-Thurs 12:00pm- 5:00pm (Last session starts at 4:00pm)</p> <p>Call for primary care appointment</p> <p>Closed on statutory holidays</p>	No

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>Interior Health – Kelowna MHSU Clinic (Mental Health & Substance Use)</p> <p>505 Doyle Avenue Kelowna, BC</p> <p>P: 250-801-2589 ext. 13556</p> <p>Also see Interior Health OAT resource list: opioid-agonist-treatment-resource-list.pdf (interiorhealth.ca) & Pathways Opioid Treatment (OAT) (pathwaysbc.ca)</p>	<p>The clinic provides an outpatient opioid substitution therapy program for individuals who use heroin or other opiates. It offers assessment, long-term stabilization on methadone or suboxone, and withdrawal management.</p>	<p>Free</p>	<p>Adults over age 19 (generally)</p>	<p>Mon-Fri 8:00am-4:00pm</p> <p>Sat 9:00am-4:00pm</p> <p>Walk-in sessions available Mon-Sat 9:00-11:00am</p>	<p>No</p> <p>Self-referrals accepted</p>
<p>Westside Medical Associates</p> <p>1135 Stevens Road Kelowna, BC</p> <p>P: 250-768-6920</p> <p>https://www.wsmmed.ca/</p>	<p>This private clinic offers opioid agonist treatments and other related harm reduction and addiction services.</p>	<p>Yes, private clinic</p>	<p>All ages</p>	<p>By appointment only</p> <p>Mon-Fri 9:00am-5:00pm</p> <p>Sat 10:00am-2:00pm</p>	<p>Yes</p>

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>West Kelowna Opioid Agonist Treatment (OAT Clinic) - Westbank First Nations - Addictions Treatment</p> <p>WFN Health & Wellness Building 1900 Quail Lane West Kelowna, BC</p> <p>P: 250-768-8299</p> <p>https://www.wfn.ca/</p>	<p>Individuals and families experiencing addiction issues may access education and counselling support. This includes individual, family or group education and support about the causes and effects of addiction, support for families dealing with addiction, referrals to treatment and/or aftercare for clients. There is also education provided in the community with a focus on high-risk populations, including youth and pregnant women. Appointments are recommended, so call the addictions worker to arrange an appointment that fits your schedule.</p>	<p>Yes, private clinic</p>	<p>All ages</p>	<p>Walk-in appointments are available Monday-Saturday 9:00 AM-11:00 AM.</p> <p>Addictions counselling Monday to Friday 8:30 a.m. to 4:30 p.m.</p>	

Vancouver: Opioid Agonist Treatment and Substance Use Services

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>Foundry Vancouver-Granville</p> <p>1260 Granville St Vancouver, BC</p> <p>P: (604) 806-9415</p>	<p>Foundry provides a one-stop access point for mental health and well-being, substance use, social support and services, navigation assistance and self-management. There are Foundry centres across BC, where youth can access counselling, peer support and other wellness services.</p>	Free	Youth 12-24 & Families	<p>Mon-Fri</p> <p>9:00am-5:00pm</p> <p>Closed on statutory holidays</p>	No
<p>Providence Crosstown Clinic (Providence Health Care)</p> <p>84 West Hastings St. Vancouver, BC</p> <p>P: (604) 689-8803</p> <p>https://www.providencehealthcare.org/hospitals-residences/providence-crosstown-clinic</p>	<p>The only clinic in North America to offer medical-grade heroin (diacetylmorphine) and hydromorphone within a supervised clinical setting. They have an on-site pharmacy, and doctors, nurses, social workers and addictions counsellors are available. They also offer life-skills counselling, housing referrals and direction to legal assistance. The clinic is currently at capacity and closed to admissions.</p>	Free	Adults (generally)	<p>Mon-Fri</p> <p>Clinic open 7:30am-10:30pm and closed 11:30am-12:40pm</p> <p>Phones answered 8:00am-4:00pm</p>	<p>Self-referral via form:</p> <p>Download the form</p>

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>Nexus and Odyssey I & II</p> <p>3 Locations:</p> <p>Odyssey I – 518 Howard St. Burnaby, BC</p> <p>Odyssey II – 2875 St. George St. Vancouver, BC</p> <p>Nexus – 550 Cambie St. Vancouver, BC</p> <p>P: 604-879-6554</p> <p>E: info@bgcbc.ca https://www.bgcbc.ca/counselling-support-services/substance-abuse-counselling-services/</p>	<p>They provide a wide range of services: individual, family and/or group counselling, drop-in, social/recreational activities, referrals, drug/alcohol information and education, and crisis intervention for youth and families affected by substance use.</p>	Free	Street-involved youth	<p>Mon-Fri, including some evenings</p> <p>Please call for current schedule</p>	No
<p>Urban Nation Youth Association</p> <p>1618 East Hastings St.Vancouver, BC</p> <p>P: 604-254-7732</p>	<p>UNYA is the centre of Indigenous youth excellence, supporting youth on their journeys by amplifying and celebrating their voices. UNYA's clinical counsellors offer individual counselling. The support the counsellors provide is non-judgmental and can help you with handling stress, making decisions and dealing with issues related to drugs,</p>	Free	Indigenous youth ages 13-24	<p>Mon-Fri 9:00am-12:00pm & 1:00-4:00pm</p>	<p>Self-referral via form: Download the form</p>

Organization/Program Name	Program Details	Cost	Eligibility	Hours	Referral Needed
<p>E: nativeyouthwellness@unya.bc.ca https://unya.bc.ca/programs/alcohol-drug-counsellors/</p>	<p>alcohol, relationships, family, friends, gender identity, sexuality or anything else that you're struggling with. They will take into account your own personal needs and goals, in a way that's culturally relevant to you.</p>				
<p>Watari 200-678 East Hastings St. Vancouver, BC P: 604-254-6995 E: info@watari.ca</p>	<p>Watari's Community Addictions Counselling Team (CACT) works with individuals, couples and families in the Strathcona/Downtown Eastside area and surrounding communities around issues related to problem substance misuse. They provide free confidential counselling, education, referrals and other preventative programs.</p>	Free	No age limit, children, youth and families	Mon-Fri	No

Provincial: Opioid Agonist Treatment and Substance Use Services and Resources

Resource	Website/Contact
<p>BC Centre on Substance Use</p> <p>Maintains a list of OAT programs/clinics accepting new patients</p>	<p>https://www.bccsu.ca/wp-content/uploads/2022/03/OAT-Clinics-Accepting-New-Patients.pdf</p>
<p>Foundry BC app</p> <p>To access virtual care services, including counseling, peer support, primary care, employment support, groups and workshops</p>	<p>https://foundrybc.ca/virtual/</p>
<p>First Nation Health Authority Treatment Centres:</p>	<p>P: 1-855-693-3033</p> <p>https://www.fnha.ca/what-we-do/mental-wellness-and-substance-use/treatment-centres</p>
<p>Kelty Mental Health Resource Centre</p>	<p>https://keltymentalhealth.ca/</p>
<p>BC Association of Aboriginal Friendship Centres</p>	<p>https://bcaafc.com/</p>

National: Substance Use Services and Resources

Resource	Website/Contact
Kids Help Phone	<p>P: 1-800-668-6868</p> <p>Wellness Together Canada: E-mental health support for youth - Kids Help Phone</p> <p>Live chat available</p>
Wellness Together	Wellness Together Canada Home
Canadian Centre on Substance Use and Addiction	Finding Quality Addiction Care in Canada: Drug and Alcohol Treatment Guide (ccsa.ca) (being updated)
Substance Use Treatment Centres for First Nations and Inuit	https://www.sac-isc.gc.ca/eng/1576090254932/1576090371511

Additional Resources for People with Opioid Use Disorder

Resource	Website/Contact
Opioids Survival Guide	https://www.bccsu.ca/wp-content/uploads/2019/06/Opioids-Survivors-Guide.pdf
Support Groups	<ul style="list-style-type: none"> • Narcotics Anonymous NAWS : Find a meeting • Alcoholics Anonymous: Have a problem with alcohol? There is a solution. Alcoholics Anonymous (aa.org) • SMARTfinder - Location (smartrecovery.org) • Bcapom The British Columbia Association People on Opiate Maintenance Facebook

Naloxone

- [Home – Lifering \(liferingcanada.org\)](http://liferingcanada.org)
- [Naloxone | Toward the Heart](#)

Resources for Service Providers

- [24/7 Addiction Medicine Clinician Support Line – BCCSU](#)
- [OUD-Youth.pdf \(bccsu.ca\)](#)

Resources for Families

- [Parents like us. The unofficial survival guide to parenting a young person with a substance use disorder - Foundry - \(foundrybc.ca\)](#)
- [Family and Caregiver Resources – BCCSU](#)
- [Coping-Kit.pdf \(bccsu.ca\)](#)
- [Parent Group Support - BGC South Coast BC \(bgcbc.ca\)](#)
- [Index \(parentsforever.ca\)](#)