

# Youth Peer Support

## *Who we are*

Rooted in Northern BC for over 50 years, the YMCA of Northern BC is a charity of over 400 staff and volunteers working together to strengthen the foundations of our community through promoting healthy living, fostering belonging, inclusion, and connection, and helping children, families, and seniors thrive. We offer opportunities for personal growth and create social change through child care services, camp programs, community health services, employment services, recreation, and health and fitness services.

## *What you will do*

At the YMCA people are our greatest asset and we are proud to be an employer of choice. Working at the YMCA means you are part of a fun, positive team in an environment of honesty, caring, respect, responsibility, and inclusivity. The YMCA is committed to providing our community the support it needs to thrive through employment, youth services, and programming for families and seniors. We believe a vibrant, healthy community is one in which everyone feels a sense of belonging and connection.

## *What you will bring*

Our caring community health providers are passionate about helping children, youth, families, and seniors live well. They believe in guiding each individual through a holistic approach to health that embodies all aspects of physical, mental, and social well-being to support people to live healthier, happier lives.

## **Responsibilities and abilities**

Reporting to the YAP & Peer Support Coordinator, the Peer Support Worker provides a wide range of emotional and practical support for at risk youth attending YAP's drop-in, and facilitates access to the wider range of services within the YAP / Foundry Wellness Center, as indicated. The Peer Support Worker aids the YAP & Peer Support Coordinator to identify, deliver, and measure programs and services that focus on empowering youth to make positive change. The Peer Support Worker works from a minimal barrier and a harm reduction perspective to build relationships and rapport with at risk youth and helps them meet their needs.

### **Location**

Youth Around Prince George  
1160 7<sup>th</sup> Avenue  
Prince George, BC

### **Hours**

Part-Time

Monday to Friday

With in the hours of

8:30 am to 4:30 pm

Felxable scheduling

### ***What you will gain***

Wage: \$17.05/hour

YMCA Membership

Discount on child care (excluding  
infant and toddler care)

## Qualifications

- Lived experience of mental health, substance use, or related issues
- Genuine desire to provide accessible and non-directive peer support, and ability to allow youth and families to make their own choices
- Good communication, interpersonal, and networking skills
- Demonstrated knowledge of issues facing at risk youth
- Strong personal and professional boundaries
- Commitment to low-barrier, non-judgmental, and harm reduction approaches
- Ability to develop respectful rapport and relationships with young people and their families
- Knowledge of relevant resources for young people and their families
- Understanding of the impacts of colonization and residential schools on Indigenous peoples or willingness to learn
- Understanding of the interconnections among mental health, substance use, and experiences of trauma, violence/ abuse or willingness to learn
- Basic computer/ office equipment proficiency
- Commitment to regular attendance, punctuality, and appropriate attire
- Ability to identify triggers and needs and to attend to self-care, including communicating effectively with coordinator to support personal wellness
- Openness to feedback, commitment to ongoing learning, and ability to take direction
- Physical ability to complete the tasks
- Ability to work independently with, at times, minimal supervision
- Ability to work as part of a larger multi-disciplinary team
- Satisfactory criminal record check and clear vulnerable sector search
- Public speaking experience and group facilitation training and/ or experience an asset
- First Aid and Food Safe certifications an asset
- ASIST Suicide Intervention training an asset

## Competencies

In addition to bringing a commitment to YMCA vision and values, and an orientation to service, the candidate should possess the following competencies:

1. **Leadership/Coaching** – Ability to direct and develop performance of others to achieve desired result.
2. **Negotiation/Communication/Interpersonal Skills** Able to speak, write, listen and secure information in a variety of settings. Ability to cooperate with others to achieve results. Ability to create and build relationships inside and outside the organization.
3. **Planning/Organizing** – Ability to establish a clearly defined and effective course of action for self and others to accomplish short and long term goals.
4. **Problem Solving** – Ability to identify an issue, gathers and processes relevant information, determine possible solutions, selects appropriate responses and implements and evaluates them.
5. **Service Strategy** – Ability to identify the needs and wants of members/participants as a priority and respond in an effective and timely manner to enhance every person's YMCA experience.
6. **Initiative/Enthusiasm/Innovation** – Ability to manage and lead in order to achieve and exceed identified goals.

- 7. Community Awareness and Understanding** – Demonstrates and promotes a personal understanding of and appreciation for the vision, mission and values of the organization.

## How to apply

Please apply with cover letter, resume, and application (found at [nbc.ymca.ca](http://nbc.ymca.ca)) to:

**Kevin Creamore**

YAP & Peer Support Coordinator

[kevin.creamore@nbc.ymca.ca](mailto:kevin.creamore@nbc.ymca.ca)

The YMCA thanks all those interested in this position.  
Only those selected for an interview will be contacted.