
NEWS RELEASE

For Immediate Release
Tuesday, March 9, 2021

Terrace and District Community Services
Society (TDCSS)
Foundry BC

Foundry Terrace offers health, wellness services to youth in Terrace and surrounding communities

TERRACE – Young people in Terrace and surrounding communities now have improved access to integrated health and wellness services with the opening of Foundry Terrace’s temporary location, which focuses on reaching young people early and preventing small problems from becoming big ones. Foundry Terrace, operated by Terrace and District Community Services Society (TDCSS) in collaboration with community partners, provides young people ages 12-24 with a safe and judgement-free environment where they can feel comfortable asking for help, accessing the services they need or finding solutions to their problems. All services provided through Foundry Terrace are easy for young people to access, and are free and confidential.

“The pandemic has created more uncertainty and isolation, and that has impacted young people’s mental health in a big way,” said Sheila Malcolmson, Minister of Mental Health and Addictions. “The new Foundry centre for northern communities will ensure young people can get the help they need, in an accessible, judgement-free space where youth in the area can have more opportunities to thrive.”

The temporary centre, located at 3219 Eby Street in Terrace, BC, will provide a number of integrated wellness services including physical and mental health care, substance use supports, counselling, social services including employment support, and youth and family peer supports. These services will be delivered by a range of community partners, all under one roof. Cultural supports will be embedded within these services for youth who self-identify as Indigenous.

“We are proud to partner with our amazing community stakeholders to bring Foundry to Terrace and our region. We respectfully acknowledge that the services and support we provide young people take place on the traditional and unceded territory of the Tsimshian Nation. Our interim site is a full-fidelity site, meaning our youth and families now have access to the full spectrum of integrated services that the Foundry model offers. I want to thank Dr. Steve Mathias and his team, as well as all the community professionals here in Terrace and the surrounding area, for their dedication and support in making this happen for our community.”

Planning for the permanent location is currently underway. TDCSS has launched a fundraising campaign and are looking forward to when the details of the permanent location are confirmed.

Foundry Terrace is one of 11 centres that are now open across the province, joining Prince George, two locations in Vancouver (Granville and the North Shore), Victoria, Kelowna, Campbell River, Abbotsford, Penticton, Maple Ridge and Richmond. Work is also underway to expand the Foundry model even further to another eight communities including Burns Lake and Cariboo Chilcotin, for a total of 19 centres province-wide.

Quotes:

Abigail Evans, Foundry Terrace Youth Advisor

“There have been several times at school when people have come up to me asking when Foundry will finally be open because they know how its services can benefit them and those around them. They are excited by the idea of free services provided in the moment when they need them. They don't have to spend months on a waiting list, hoping they'll be able to get the help they need. Additionally, because of our youth advisory committee's input, our Foundry centre is tailored to the personality of our community, allowing youth to feel comfortable and safe when they go to one. Foundry not only hears youth; it listens to them as well.”

Steve Mathias, Executive Director, Foundry

“We're thrilled to welcome Foundry Terrace as part of a province-wide culture of care comprising a network of Foundry centres, a provincial virtual care service, and a set of online tools and resources all serving youth aged 12 to 24 and their families. Foundry was Co-created with young people, their families, and many community service delivery partners, this centre and its services represents the voices of many invested members of Terrace and the surrounding region.”

Learn More:

Terrace and District Community Service Society: <https://www.tdcss.ca/>

A Pathway to Hope: <https://bit.ly/33HyFHy>

Foundry Terrace: <https://foundrybc.ca/terrace>

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