# • FOUNDRY• CARIBOO CHILCOTIN

# NEWSLETTER

February 2021 Vol. 1 Issue 1

## INSIDE THIS ISSUE:

What is Foundry	1
Partners	2
Location	2
A Word From Youth	3
Join an Advisory Committee	3
Meet the Foundry Lead	4
Donor Opportunities	5



## WHERE WELLNESS TAKES SHAPE

On June 15, 2020 the Province of BC announced that Williams Lake would be one of eight new Foundry Centre locations joining the Foundry Network.

Foundry has transformed the way youth, aged 12 - 24 access health and wellness resources, services and supports, across BC.



## FOUNDRY CARIBOO CHILCOTIN PARTNERS

The Cariboo Chilcotin Child Development Centre Association is honoured to lead the Cariboo Chilcotin Foundry initiative with the support and partnership of:

Big Brothers Big Sisters WL Boys and Girls Club WL Cariboo Family Enrichment Centre Central Interior Rural Division of Family Practice Child and Youth Mental Health City of Williams Lake Community Living BC Denisiqi Services Society First Nations Health Authority Interior Health Knucwentwecw Society Ministry of Child and Family Development School District No. 27 Three Corners Health Services Society Tsilhqot'in National Government Williams Lake Chamber of Commerce

....and the youth and families of the Cariboo Chilcotin!

## Where is Foundry Going to Be?



The location for Foundry Cariboo Chilcotin is 51 4th Avenue South, Williams Lake BC, chosen for it's central location in the downtown. The site is close to several bus stops, creating a more accessible location.





## YOUTH PERSPECTIVE

Statement from a Youth Advisory Committee Member

"The Foundry will be good at helping the youth in the community of Williams Lake, The Foundry can provide services such as counselling and medical care as well as addictions and mental health help. as well as school and work-related help if the youth is interested. The Foundry is a safe place to be. It is a centre that provides these services for youth between the ages of 12 and I myself am on the Youth 24. Advisory Committee and feel it can help youth connect with each other and be a part of the community. The Foundry can also help address and provide information to parents and vouth around the issues of substance abuse and mental health that is affecting many people in today's society that don't have services in place to help them."

Youth, 21 Williams Lake Resident Driftpile Cree Nation

## "Foundry is a safe place to be"



Are you a youth or parent/guardian in the Cariboo Chilcotin and want to be a part of Foundry?

We are recruiting members for our Youth Advisory Committee and Family Advisory Committee. If you are interested, email George at gwarr@ccchild.org, for more information.





## **GEORGE WARR** FOUNDRY PROJECT LEAD

#### EMAIL: GWARR@CCCHILD.ORG PHONE: 250-392-4481

Email George if you are interested in learning more about partnerships.

Visit the Foundry Cariboo Chilcotin Website at: foundrybc.ca/cariboochilcotin

## FOUNDRY PROJECT LEAD

George Warr holds a Masters of Arts in Counselling Psychology from Yorkville University and is a Registered Clinical Psychologist. He is passionate about helping people learn to manage their conditions and live healthier and happier lives.

Originally from the UK, George enjoys the diversity of the populations he works with in British Columbia and is particularly enthusiastic about learning from and working with the Indigenous communities of the Cariboo Chilcotin region. George has worked with adults, children and groups, but enjoys working with youth most and admires the dynamism, resiliency and vibrancy they display while dealing with tough issues.

The presenting issues that George primarily works with include trauma, mental health issues, such as anxiety, depression and psychosis, abuse, grief and loss, relationship challenges, domestic violence, substance misuse and addictions. Additionally, George has experience working with clients impacted by residential schools.

George has enjoyed living in Williams Lake for the past 11 years and is solidifying his roots here by completing a home build with his wife and young family. In his spare time, George can be found in the gym, messing around with old motorcycles, or exploring the backcountry.

George's passion for enhancing the lives of youth has led him to the role of Foundry Project Lead. He is excited about working with local youth, incredible community partners and stakeholders to bring an innovative and culturally accessible Foundry to Williams Lake. GET INVOLVED!

## MATCHING INITIATIVE

We are absolutely ecstatic that a very generous, caring, anonymous donor has agreed to match donations, up to a total of \$100,000, in the effort to bring Foundry to Williams Lake!

We are encouraging the community to come together and help us Turn 100k into 200k!



# **HOW TO DONATE:**

### Online

https://foundrybc.ca/cariboochilcotin https://www.canadahelps.org/en/dn/52814

## Mail a Cheque

Foundry Cariboo Chilcotin C/O Child Development Centre 690 2nd Avenue North Williams Lake, BC, V2G 4C4

#### In Person

Cash, Cheque, Debit or Credit Visit the Child Development Centre 690 2nd Avenue North Williams Lake, BC

Questions? Call 250-392-4481